

## To Whom So To Ever It May Concern

This Is To Certify That The Information In The Attached Documents Is Verified By Me And Is True To The Best Of My Knowledge



PRINCIPAL EDA MEDICAL COLLEGE











Approved by NCISM and Affiliated to Kerala University of Health Sciences.

# 5.1.2 Detailed report of the Capacity enhancement programs and other skill development schemes







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## Capability enhancement and development schemes year wise

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## ACADEMIC YEAR 2023-2024













#### **ACADEMIC YEAR 2023-24**

### SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Conference Hall

Webinar Speaker: Dr. Priyanka PS

Date:20-12-23

No of participants:35

#### SUMMARY

A webinar on "METHODS TO EXCEL IN AYURVEDIC PRACTICE" was organized. The resource person was Dr Priyanka PS. The speaker addressed the gathering about the basic theories of Ayurveda and gain practical experience, explore ayurvedic lifestyle practices. He added that Ayurveda's first priority should be the patient's interest and protection of confidentiality of patient's information.

The entire gathering was benefitted by the program







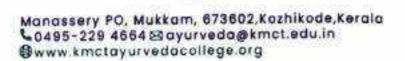








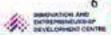
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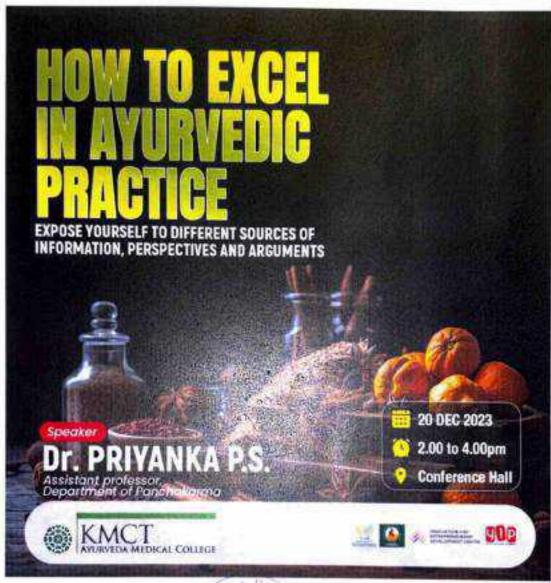






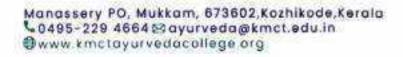


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#### ACADEMIC YEAR 2023.24

#### LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

#### ACTIVITY REPORT

Venue: Conference hall

Seminar Speaker: Dr Yahya Mubarak

Date: 13-11-23

No of participants: 25

#### SUMMARY

As part of communication skill development program, a Seminar on "Effective Communication" was conducted by YAHYA MUBARAK for students of the academic year 2023-24 on 13-11-23. In his talk Yahya Mubarak stressed about Developing Relationship Through Communication and Sharing Experiences Supports Personal Social, And Emotional Development AS Well as Early Literacy Skills.











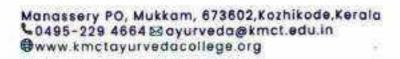




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#### International Yoga Day- June 21 st 2023

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks by Dr. Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.







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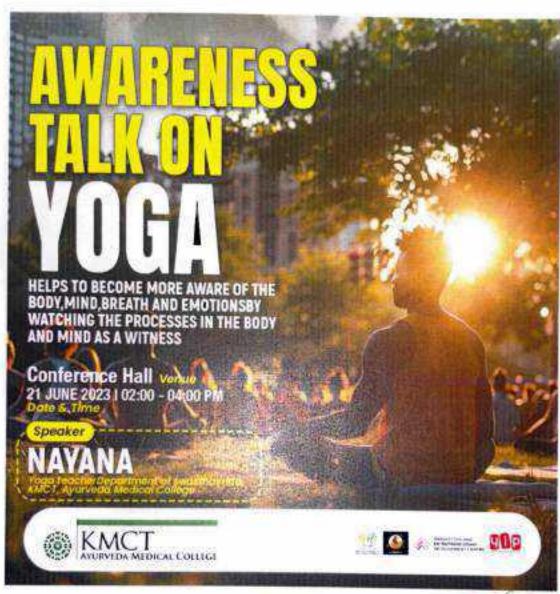






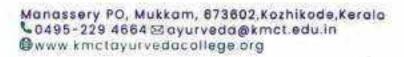


## KMCT AYURVEDA MEDICAL COLLEGE Approved by NCISM and Affiliated to Kerala University of Health Sciences





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#### ACADEMIC YEAR 2023-24

#### ANALYTICAL SKILL DEVELOPMENT PROGRAME

#### ACTIVITY REPORT

Venue: Seminar Hall No of participants:25

Date:15/11/23

#### SUMMARY

A Seminar on analytical skill development wad conducted by DR. JASIR AHAMED.

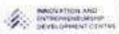
Expose Students to different sources of information regarding Marma.

This program gave the undergraduates a good opportunity in utilisation of their analytical skill for their future carrier.













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#### ACADEMIC YEAR 2023-24

#### HUMAN VALUE DEVELOPMENT

#### Activity Report

Venue: seminar hall

Speaker: Dr. rajeesh Nelamana

Date:16.11.23

No of participants: 25

#### SUMMARY

A program on PROFESSIONALISM AND ETHICS DEVELOPMENT was conducted on 16.11.23 in seminar hall. The resource person was DR RAJEESH NELAMANA. The speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program















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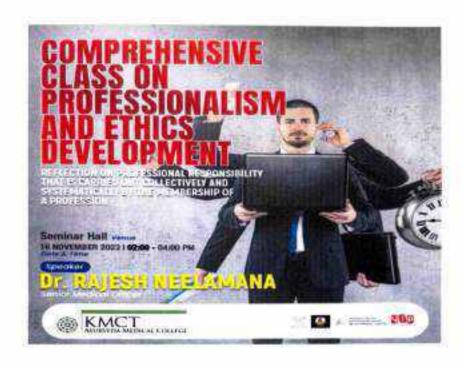


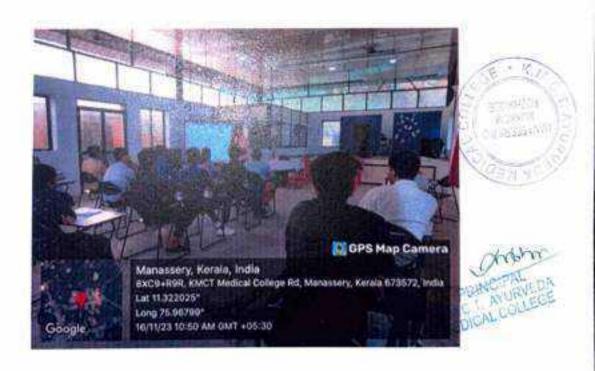




















#### ACADEMIC YEAR 2023-24

## PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: Conference hall

Webinar Speaker: Dr. Mansoor

Date: 1.11.23

No of participants:58

#### SUMMARY

A Seminar on "Personality Development" was organized. The resource person was Dr. Mansoor. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills and prepared them to have a successful career.















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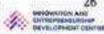
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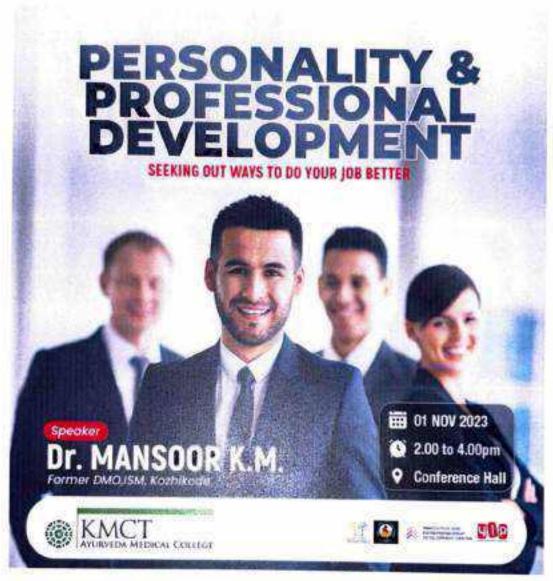






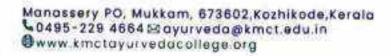


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#### ACADEMIC YEAR 2023-24

### EMPLOYABILITY SKILL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: Seminar Hall Speaker: Dr. Najecb Tk

Date: 25.1.24 Students attended: 25

#### SUMMARY

A workshop on "SPLINTING TECHNIQUES" was conducted by Dr. NAJEEB .TK for interns. The program gave a good knowledge about orthopaedic appliance which can be used in patients to intervene their skeletal malocclusion at the earliest. The program also gave an idea about the correction methodologies.













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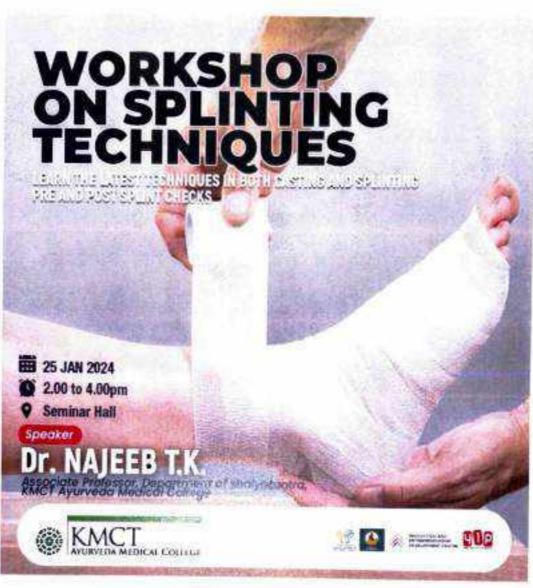














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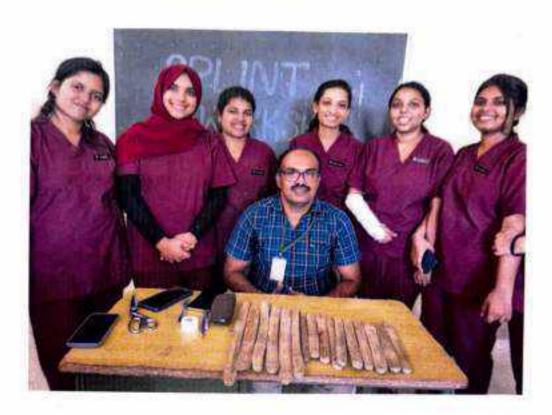


























## ACADEMIC YEAR 2022-23













#### ACADEMIC YEAR 2022-23

### SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: SEMINAR Hall Webinar Speaker:Dr.Sivadasan

Date:20.2.22 No of participants: 17

#### SUMMARY

A seminar on "NEED OF LEADERSHIP SKILLS IN AYURVEDA"
was organized. The resource person was Dr.SIVADASAN. The speaker
addressed the gathering about the basic theories of Ayurveda and gain
practical experience, explore ayurvedic lifestyle practices.
He added that Ayurveda's first priority should be the patient's interest
and protection of confidentiality of putient's information.
The entire gathering was benefitted by the program.















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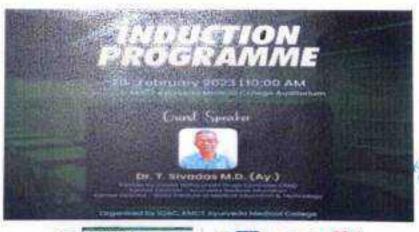












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#### ACADEMIC YEAR 2022-23

# LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

#### ACTIVITY REPORT

Venue: Conference hall Seminar Speaker: Akarsh

Date: 4-3-23 No of participants: 49

#### SUMMARY

As part of communication skill development program, a Seminar on "Language and Communication skill Development" was conducted by AKARSH for students of the academic year2022-23 On 4-3-23. In his talk Akarsh stressed about the Crucial aspect of personal and professional growth.













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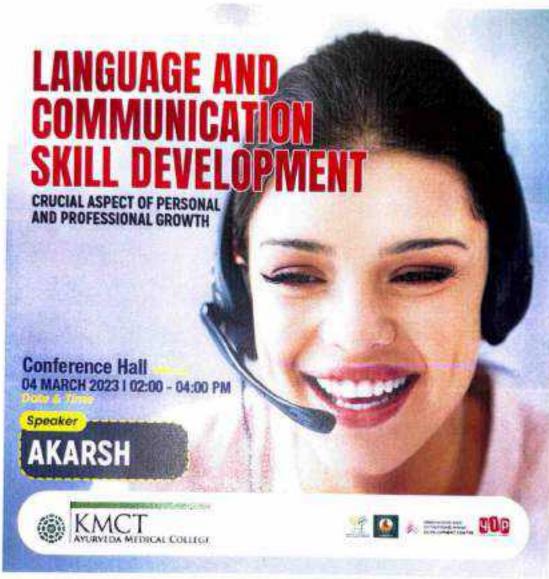






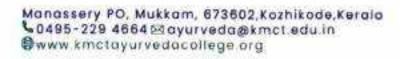


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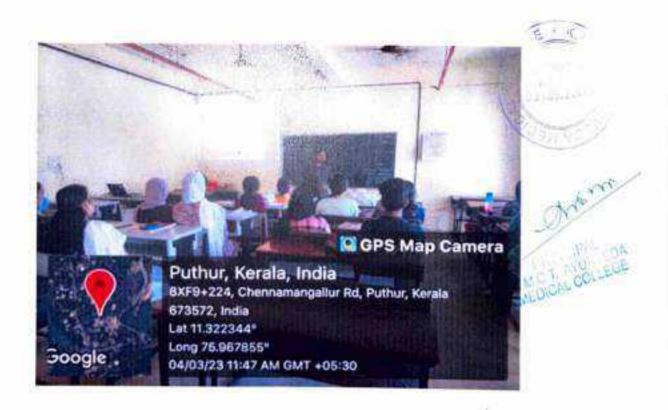






















#### International Yoga Day- June 21 st 2022

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks On yoga and wellness by Dr. Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.













1 CHAITHANYA V A	200030681	
2 ARDRA BHARATH	200030678	
3 SIMRIN P	200030710	
4 ANUJA MOL J	200030674	
5 ALAN SURYA A	200030667	
6 GAYATHRI PRASANTH	200030689	
7 DIYA DAS K	200030684	
8 SAYANA LAL	200030708	
9 AHILA NOUSHAD	200030665	
10 ARDRA K	200030679	
11 VISMAYA VISWANATH	200030716	
12 SOORYA A	200030712	
13 VIDYASREE K	200030715	
14 JYOTHIKA B C	200030697	
15 JENIKA C G	200030696	
16 ANISHMA'S PRASAD	200030672	
17 KAVYA. V	200030699	
18 ANEENA JOY	200030670	
19 K G ANUPAMA KRISHNAN	200030700	
20 ANJU. V.P	200030673	
21 KAVYA MADHAVAN	200030698	
22 HRIDYA E	200030694	
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39 INDHU. R	200030695	
40 ELITE TESS LONAPPAN	200030685	

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41 AYSWARYA P C	200030680	
42 FATHIMA SAFA. N	200030687	
43 GAYATHRI V P	200030690	
44 RADHIKA K R	200030706	
45 FEBINA SHEREEN	200030688	
46 ANUSHA . K	200030676	
47 FATHIMA JUMANA JEBIN K	200030686	
48 HILDA.P.P	200030693	
49 SONA P J	200030711	
50 NADIYA SAINU	200030703	
51 ALBINA JOHNSON	200030668	
52 SREEKUTTY R	200030713	
53 GOKUL KRISHNA V R	200030691	2.1



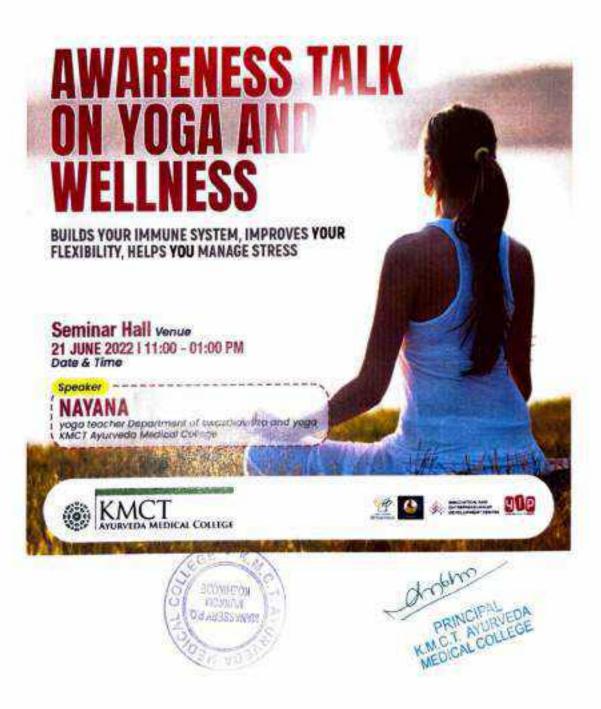












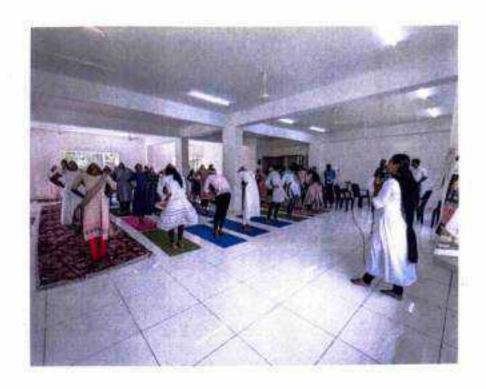








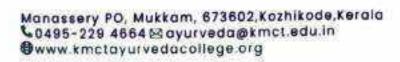








PRINCIPAL COLLEGE













#### ACADEMIC YEAR 2022-23

# ANALYTICAL SKILL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: Seminar Hall No of participants: 49 Speaker: Dr. Jasir Ahmed

Date: 01/03/2023

#### SUMMARY

Expose Students to different sources of information regarding Marma.

This program gave the undergraduates a good opportunity in utilisation of their analytical skill for their future carrier.



PRINCIPAL K.M.C.T. AYURVEDA MEDICAL GOLLEGE

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1 NADEERA K	210030172
2 MIDHUN SIVAN	210030170
3 SHANIMA. S	210030185
4 ANJANABHAI T A	210030156
5 IRFANA NAZARIN K A	210030164
6 SREEVAISHNAVI SASEENDRAN	210030190
7 KEERTHANA T M	210030167
8 NEHLA. A	210030176
9 GEETHU ANILKUMAR	210030161
10 VARNA DAS	210030192
11 SAYANA.C	210030180
12 ATHULYA. V. V	210030158
13 NANDANA.N	210030173
14 ASWIN T	210030157
15 NARTHANA, S	210030175
16 AMINA SHIBILLA, K	210030153
17 FIDA VARAMKODE	210030160
L8 GOPIKAMOHAN, P	210030162
L9 ADHEENA K B	210030146
20 MUHAMMED FARIS.N. K	210030171
21 AKHILA CHANDRAN	210030149
22 MANJIMA KRISHNAN	210030169
23 TEJA DAS	210030191
24 NITHYA MARIA VARIATH	210030177
25 SOOFIYA BEEGUM	210030188
26 SAYOOJA BAUU B	210030181
27 ROBINA R	210030178
8 SANGEETH SANTHOSH K	210030179
29 SHAFNA A B	210030183
BO ALEENA, T. A	210030150
31 AMAYA SREEDHARAN A S	210030152
32 SHAHANA SHERIN T	210030184
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37 AMRITHA BALU	210030154
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9 ANCHU AJI L	210030155
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11 SHABNA S. NAZEER	210030182
12 SILPA K K	210030187

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44 ABHINAV SUNDAR, C	210030145	
45 JESSY V J	210030165	
46 NANDANA PRAMOD	210030174	
47 ALEESHA ROSHNI, A. P	210030151	
48 IRFANA FATHIMA	210030163	
49 SHEIKHA NAZAR	210030186	



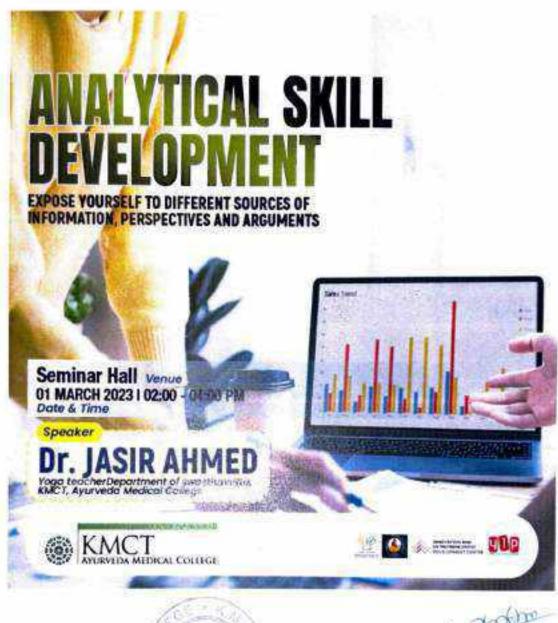
PRINCIPAL POLICE MEDICAL COLLEGE









































# ACADEMIC YEAR 2022-23

# HUMAN VALUE DEVELOPMENT

**Activity Report** 

Venue: seminar hall

Speaker: Dr. Rajeesh Nelamana

Date: 3.8.22

No of participants:53

#### SUMMARY

A program on Professionalism and Ethics development in ayurveda was conducted on 3.8.22 in seminar hall. The resource person was Dr Rajeesh Nelamana. The speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program













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38 HARSHA MUHAMMED M R	200030692











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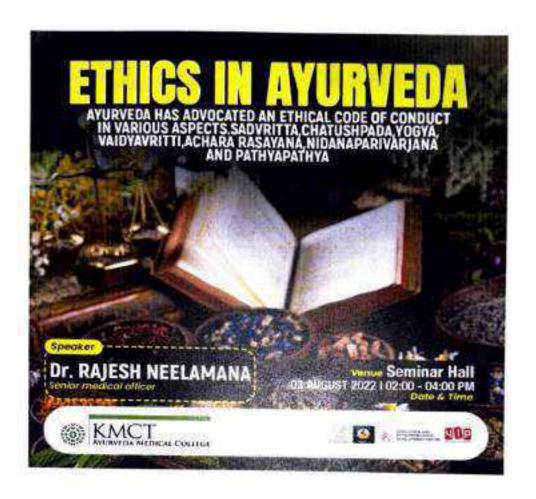








# KMCT AYURVEDA MEDICAL COLLEGE Approved by NCISM and Affiliated to Kerala University of Health Sciences







PRINCIPAL COLLEGE

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#### **ACADEMIC YEAR 2022-23**

#### PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: Conference hall

Webinar Speaker: Pranav Raj

Date:17-5-23

No of participants: 17

#### SUMMARY

A seminar on "Personality Development" was organized. The resource person was Dr Pranav Raj. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills and prepared them to have a successful career.







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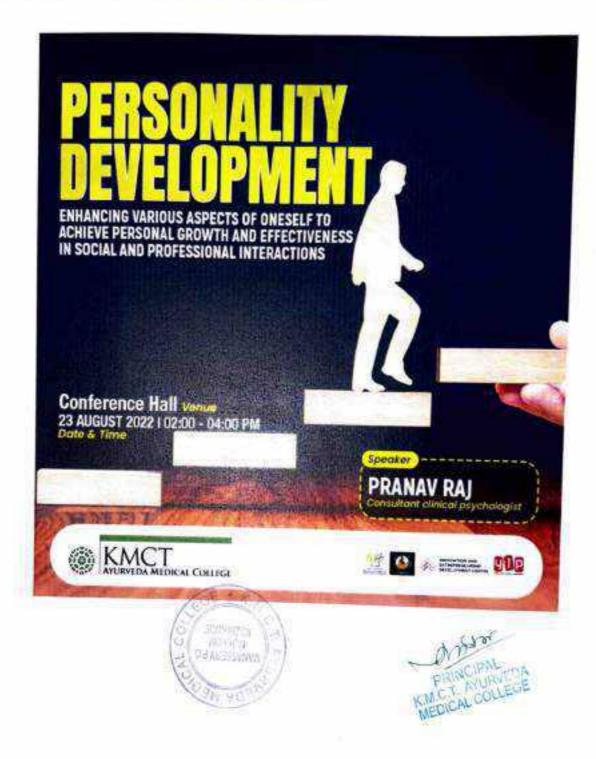












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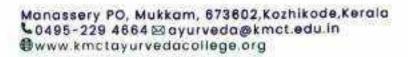






William Sales















#### ACADEMIC YEAR 2022-23

#### EMPLOYABILITY SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Seminar Hall Speaker: Dr. Deepa.K. K. Date:27.4.23 Students attended:17

#### SUMMARY

An introductory class on "Employability skill development 'was conducted by Dr. DEEPA.KK for Students of 2022 batch. The program gave a good knowledge, set of transferable skills band key personal attribute which are highly valued by employers and essential for effective performance in the work place.











1 ARATHYS	220030882	
2 MADHURI MARUTHI JADHAV	220030892	
3 DIVA UDAYAKUMAR	220030885	
4 ATHUL KRISHNAN K	220030884	
5 JITHESH G	220030889	
6 JYOTHI V	220030890	
7 ROSE C T	220030898	
8 FATHIMA SHADHIYA K K	220030886	
9 PRIYANKA.K. V	220030896	
10 ASIYA F	220030883	
11 NAVANYA A B	220030894	
12 R M ARUNIMAJYOTHI	220030897	
13 GOPIKA UDAYAKUMAR, M	220030887	
14 AMINA SHERIN K	220030881	
15 JILSON K. JOB	220030888	
16 MISIRIYA HARIS	220030893	
17 NAVYA MOHANAN	220030895	



PRINCIPAL KM C T AYURVEDA MEDICAL COLLEGE













SET OF TRANSFERABLE SKILLS AND KEY PERSONAL ATTRIBUTES
WHICH ARE HIGHLY VALUED BY EMPLOYERS AND ESSENTIAL
FOR EFFECTIVE PERFORMANCE IN THE WORKPLACE





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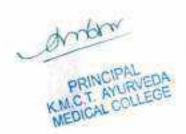






# ACADEMIC YEAR 2021-22













#### ACADEMIC YEAR 2021-22

# SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Seminar Hall

Seminar Speaker: Dr. Nidhin V

Date:11-3-22

No of participants: 58

#### SUMMARY

A seminar on "EFFECTIVE TIME MANAGEMENT FOR AYURVEDA STUDENTS" was organized. The resource person was Dr. Nidhin V. The speaker addressed the gathering about the Essential for students to succeed academically and maintain a healthy work life balance.













1.APARNA U	180030227	
2 IRFANA C	180030249	
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5 SREE LEKSHMI P	180030262	
6 AYSHA SHAFNA K	180030235	
7 ARUNIMA K	180030229	
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18 ANU YOHANAN	180030225	1
19 SARAH YOUSAFFALI	180030260	
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24 HAFNA	180030244	-
25 RESHMA A R	180030244 180030255 PR 180030261 KMCO	P
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28 GOPIKA G	180030243	
29 SAHLA SHAHNAS.C	180030258	
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31 AKSHAYA. K. P	180030224	
32 FATHIMA FARHANA .C	180030241	
33 AKHILA REMESH	180030222	$\neg$











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34 AFRA S	180030219	
35 SREYA UNNI C	180030263	
36 CHIPPY JOSEPH	180030238	
37 MIDHILA SAJEEV A	180030250	
38 ROSHNA ABDUL SALAM	180030256	
39 HEREENA MARIA MORRIS	180030246	
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41 ARDRA. T. P	180030228	
42 ASHLEY SHAJI	180030232	
43 APARNA C DAS	180030226	
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45 ASHIN V S	180030231	
46 SABIRA RASHEED	180030257	
47 RAKENDU A	180030254	
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51 MOHAMMED FAYIS. K. K	180030271	
52 SANDRA P	180030275	
53 SREELAKSHMI SUJAN	180030276	
54 NAHILA FATHIMA	180030272	
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56 REVATHY S	180030274	
57 CHINMAY K	180030269	
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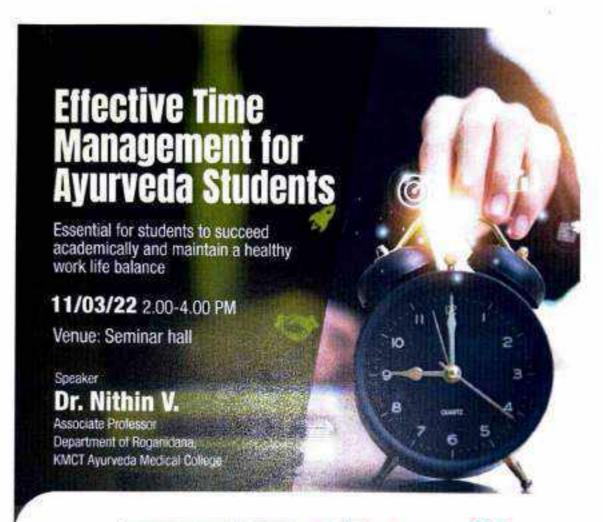




# KMCT AYURVEDA MEDIC

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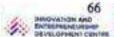
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# ACADEMIC YEAR 2021-22

# LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

#### ACTIVITY REPORT

Venue: Zoom

Webinar Speaker: Dr. Adarsh EK

Date: 21-6-21

No of participants: 53

#### SUMMARY

As part of communication skill development program, a webinar on "NEED OF DOCTOR PATIENTS COMMUNICATION" was conducted by Dr Adarsh EK Purushothaman for students of the academic year 2021-22 On 21-6-21. In his talk Dr Adarsh EK Explained about how to regulate patient emotions aids in the comprehension of medical information and allow for improved identification of patients need perception and expectation.















1 CHAITHANYA V A	200030681
2 ARDRA BHARATH	200030678
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13 VIDYASREE K	200030715
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15 JENIKA C G	200030696
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18 ANEENA JOY	200030670
19 K G ANUPAMA KRISHNAN	200030700
20 ANJU. V.P	200030673
21 KAVYA MADHAVAN	200030698
22 HRIDYA E	200030694
23 NIVEDITHA K M	200030704
24 SHEHINA FADUSHA	200030709
25 DEVIKA V	200030709
26 LEKSHMI L	200030701
27 PARVATHY M DEV	200030701 200030705 200030663
28 A B AJMIN	200030663
29 MEGHA MOHAN	200030702
30 DHANASREE U S	200030683
31 ANEETTA JACOB	200030671









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32 AISWARYA A	200030666
33 ANUPAMA. T	200030675
34 SREEVANI. E. S	200030714
35 ANUSREE, P	200030677
36 SAJEENA. J	200030707
37 ALISHA JIMMY	200030669
38 HARSHA MUHAMMED M R	200030692
39 INDHU. R	200030695
40 ELITE TESS LONAPPAN	200030685
41 AYSWARYA P C	200030680
42 FATHIMA SAFA. N	200030687
43 GAYATHRI V P	200030690
44 RADHIKA K R	200030706
45 FEBINA SHEREEN	200030688
46 ANUSHA. K	200030676
47 FATHIMA JUMANA JEBIN K	200030686
48 HILDA.P. P	200030693
49 SONA P J	200030711
50 NADIYA SAINU	200030703
51 ALBINA JOHNSON	200030668
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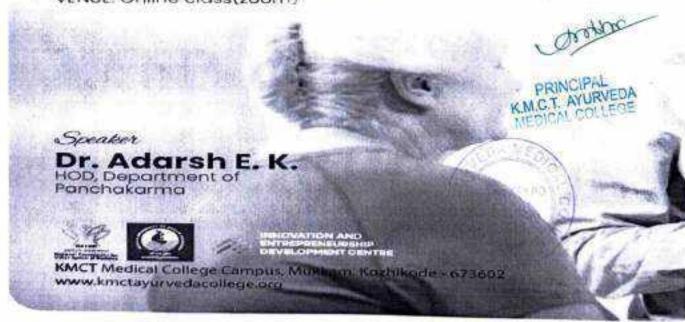


# NEED OF DOCTOR-PATIENT COMMUNICATION

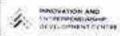
Help regulate patients emotions, ai ds in the comprehens ion medical of information and allow for improved identification of patients need, perception and expectations

21TH JUNE 2021 | 9AM-10AM

VENUE Online class(zoom)











#### International Yoga Day-June 21 st 2021

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks on 'EFFECTIVE MANAGEMENT WITH YOGA IN POST COVID COMPLICATION' by Dr. Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.













1 MAHIMA S S	170030222
2 FATHIMA RINSHA	170030211
3 AYISHA FEMINA T K	170030204
4 SHERIN ABDU PANCHARA	170030240
S MIZREEN FATHIMA	170030225
6 NADA	170030229
7 MURSHIDA. C. P	170030227
8 FIDHA FATHIMA S. Y	170030213
9 RASHA. T	170030232
10 GREENA G S	170030215
11 SHAIFA SHAMSUDHIN	170030239
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13 MUHSINA, M. T	170030226
14 SHONIMA C	170030241
15 ARYADAS. K. K	170030200
16 SURYA, K S	170030247
17 RIYA, K. M	170030235
18 JITHIN DAS K R	170030221
19 FAMI RASMA. B	170030209
20 NIDA MAJEED	170030231
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29 SAHLA SHAMEER. T. P	170030737
30 AFEEFA K.A	170030228 170030737 170030194
31 SALSABEELA.C.V	170030238
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36 ALISHIA MARIA RAJU	170030197
37 K SHREELAXMI SANKARANKUTTY	170030250
38 MEGHA KRISHNAN	170030223
39 ASHNA RAHMAN	170030251
40 ATHIRA BIJU	170030193









#### ACADEMIC YEAR 2021-22

#### ANALYTICAL SKILL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: Seminar Hall No of participants: 58

Date:08/12/21

# SUMMARY

ASeminar on case history recording and formulation of diagnosis was conducted by DR.SARATH BABU. this program aims in Establishing a positive professional relationship, aids the clinitial in making decisions concerning the treatment of the patients. This program gave the undergraduates a good opportunity in utilisation of their analytical skill for their future carrier.









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33 AKHILA REMESH	180030222









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41 ARDRA. T. P	180030228	
42 ASHLEY SHAJI	180030232	
43 APARNA C DAS	180030226	
44 FASEELA USMAN	180030240	
45 ASHIN V S	180030231	
46 SABIRA RASHEED	180030257	
47 RAKENDU A	180030254	
48 ABUN V S	180030217	
49 HARSHA V G	180030245	
50 NAZRIN T	180030252	
51 MOHAMMED FAYIS, K, K	180030271	
52 SANDRA P	180030275	
53 SREELAKSHMI SUJAN	180030276	
54 NAHILA FATHIMA	180030272	
55 FATHIMA SHAREEF	180030270	
56 REVATHY S	180030274	
57 CHINMAY K	180030269	
58 NITHYA.B. S	180030273	





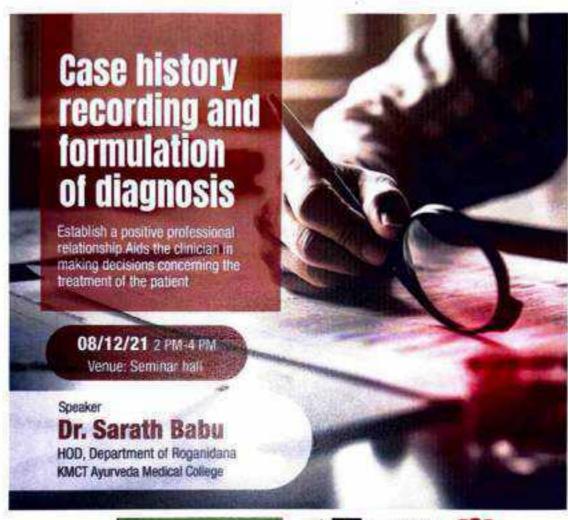














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#### ACADEMIC YEAR 2021-22

#### HUMAN VALUE DEVELOPMENT

Activity Report

Venue: conference hall Speaker: Dr. vineetha

Date: 2.12.21 No participants: 53

#### SUMMARY

A program on Professionalism and Ethics development was conducted on 2.12.21 in seminar hall. The resource person was Dr vincetha the speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program













# LIST OF STUDENTS ENROLLED

1 CHAITHANYA V A	200030681
2 ARDRA BHARATH	200030678
3 SIMRIN P	200030710
4 ANUJA MOL J	200030674
5 ALAN SURYA A	200030667
6 GAYATHRI PRASANTH	200030689
7 DIYA DAS K	200030684
8 SAYANA LAL	200030708
9 AHILA NOUSHAD	200030665
10 ARDRA K	200030679
11 VISMAYA VISWANATH	200030716
12 SOORYA A	200030712
13 VIDYASREE K	200030715
14 JYOTHIKA B C	200030697
15 JENIKA C G	200030696
16 ANISHMA S PRASAD	200030672
17 KAVYA. V	200030699
18 ANEENA JOY	200030670
19 K G ANUPAMA KRISHNAN	200030700
20 ANJU. V.P	200030673
21 KAVYA MADHAVAN	200030698
22 HRIDYA E	200030694
23 NIVEDITHA K M	200030704
24 SHEHINA FADUSHA	200030709
25 DEVIKA V	200030682
26 LEKSHMI L	200030701
27 PARVATHY M DEV	200030705
28 A B AJMIN	200030663
29 MEGHA MOHAN	200030702
30 DHANASREE U S	200030683
31 ANEETTA JACOB	200030671

Manassery PO, Mukkam, 673602,Kozhikode,Kerala **©**0495-229 4664⊠ayurveda@kmct.edu.in ⊕www.kmctayurvedacollege.org











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32 AISWARYA A	200030666	
33 ANUPAMA. T	200030675	
34 SREEVANI. E. S	200030714	
35 ANUSREE. P	200030677	
36 SAJEENA. J	200030707	
37 ALISHA JIMMY	200030669	
38 HARSHA MUHAMMED M R	. 200030692	
39 INDHU. R	200030695	
40 ELITE TESS LONAPPAN	200030685	
41 AYSWARYA P C	200030680	
42 FATHIMA SAFA. N	200030687	
43 GAYATHRI V P	200030690	
44 RADHIKA K R	200030706	
45 FEBINA SHEREEN	200030688	
46 ANUSHA. K	200030676	
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50 NADIYA SAINU	200030703	
51 ALBINA JOHNSON	200030668	
52 SREEKUTTY R	200030713	
53 GOKUL KRISHNA V R	200030691	



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# Professionalism and ethics development

Reflection on professional responsibility that is carried out collectively and systematically by the membership of a profession

02/12/21 2 PM-4 PM Venue: Seminar hall

Speaker

# Dr. Vineetha

Associate professor Department of kayachikitsa, KMCT Ayurveda Medical College







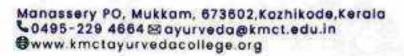




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#### ACADEMIC YEAR 2021-22

#### PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: conference hall

Date: 14.3.22

Webinar Speaker: Dr. Rajeesh Nelamana

No of participants:45

#### SUMMARY

A Seminar on "STRESS MANAGEMENT" was organized. The resource person was Dr. Binu Purushothaman. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills













1 MAHIMA S S	170030222
2 FATHIMA RINSHA	170030211
3 AYISHA FEMINA T K	170030204
4 SHERIN ABDU PANCHARA	170030240
5 MIZREEN FATHIMA	170030225
6 NADA	170030229
7 MURSHIDA. C. P	170030227
8 FIDHA FATHIMA S. Y	170030213
9 RASHA, T	170030232
10 GREENA G S	170030215
11 SHAIFA SHAMSUDHIN	170030239
12 ASHITHA A. P	170030201
13 MUHSINA. M. T	170030226
14 SHONIMA C	170030241
15 ARYADAS, K. K	170030200
16 SURYA, K S	170030247
17 RIYA. K. M	170030235
18 JITHIN DAS K R	170030221
19 FAMI RASMA. B	170030209
20 NIDA MAJEED	170030231
21 DEVAPRIYA T V	170030207
22 SMRITHI T R	170030243
23 SMRITHI K	170030242
24 SUMAYYA	170030246
25 VIDYA K S	170030248
26 ARATHI OMANAKUTTAN	170030198
27 REVATHY T M	170030234
28 MURSHIDA IRFANA K	170030228
29 SAHLA SHAMEER. T. P	170030228 170030237 170030194
30 AFEEFA K. A	170030194
31 SALSABEELA.C. V	
32 MINA BASHEER, K. C	170030224 20001
33 ASWATHY CATHERINE P T	170030202 KMCCALCOL
34 JUY. P	170030220 MEON
35 V VISHAL MOORTHY	170030249
36 ALISHIA MARIA RAJU	170030197
37 K SHREELAXMI SANKARANKUTTY	170030250
38 MEGHA KRISHNAN	170030223
39 ASHNA RAHMAN	170030251









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40 ATHIRA BIJU	170030193	
41 ATHIRA D	170030203	
42 AYSHA PARVEEN	170030205	
43 FEBINA GAFOOR	170030212	
44 FATHIMA RAHANA P T	170030210	
45 JASIR AHMED R	170030218	



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Range of ways to help you better deal with stress and difficulty

14/03/22 2 PM-4 PM Venue: Conference hall

Speaker

Dr. Rajesh

Neetamana
Senior medical officer



















#### ACADEMIC YEAR 2021-22

### EMPLOYABILITY SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Seminar hall Speaker: Dr. Vivek. k Date: 12.1.22 Students attended: 53

#### SUMMARY

An introductory class on "MARKETING IN AYURVEDIC PRACTICE ' was conducted by Dr. VIVEK. K for student's of 2020 batch. The program gave a good knowledge and helps in incorporating striking visuals with your marketing strategies can significantly amplify interest and engagement with your ayurveda business













1 CHAITHANYA V A	200030681	1
2 ARDRA BHARATH	200030678	1
3 SIMRIN P	200030710	1
4 ANUJA MOL J	200030674	1
5 ALAN SURYA A	200030667	1
6 GAYATHRI PRASANTH	200030689	1
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32 AISWARYA A	200030666	







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34 SREEVANI. E. S	200030714
35 ANUSREE. P	200030677
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37 ALISHA JIMMY	200030669
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40 ELITE TESS LONAPPAN	200030685
41 AYSWARYA P C	200030680
42 FATHIMA SAFA. N	200030687
43 GAYATHRI V P	200030690
44 RADHIKA K R	200030706
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46 ANUSHA. K	200030676
47 FATHIMA JUMANA JEBIN K	200030686
48 HILDA.P. P	200030693
49 SONA P J	200030711
50 NADIYA SAINU	200030703
51 ALBINA JOHNSON	200030668
52 SREEKUTTY R	200030713
53 GOKUL KRISHNA V R	200030691















# Marketing in Ayurvedic practice

Incorporating striking visuals into your marketing strategy can significantly amplify interest and engagement with your ayurveda business

12/01/22 2.00-4.00 PM

Venue: Seminar hall

Speaker

Dr. Vivek K.

Assistant professor Department of Agada tantra, KMCT Ayurveda Medical College







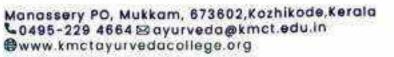




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#### ACADEMIC YEAR 2021-22

#### EMPLOYABILITY SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Seminar hall Speaker: Dr. Najeeb to Date: 9.2.22 Students attended: 58

#### SUMMARY

An introductory class on "EMERGENCY MANAGEMENT IN AYURVEDA' was conducted by Dr. NAJEEB T.K for student's of 2018 batch. The program gave a good knowledge and primarily focuses on stabilizing the patient's condition using natural methods and herbal remedies aiming for holistic recovery and prevention of further complication











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2 IRFANA C	180030249
3 HIBA RAZAK	180030247
4 FATHIMA SHANA.K	180030242
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6 AYSHA SHAFNA K	180030235
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16 SYAMA S NATH	180030264
17 AJANYA ARAVIND	180030221
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19 SARAH YOUSAFFALI	180030260
20 ADITHYA RAJ	180030218
21 ASWATHI V SATHEESH	180030233
22 AISWARYA BHASKARAN	180030220
23 NAHALA NALAKATH	180030251
24 HAFNA	180030244
25 RESHMA A R	180030255
26 SNEHA K P	180030261
27 BHAVYA. A. S	180030236
28 GOPIKA G	180030243
29 SAHLA SHAHNAS.C	180030236 180030243 180030258
30 ASWATHY K	180030234
31 AKSHAYA. K. P	180030224
32 FATHIMA FARHANA .C	180030241
33 AKHILA REMESH	180030222











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34 AFRA S	180030219	
35 SREYA UNNI C	180030263	
36 CHIPPY JOSEPH	180030238	
37 MIDHILA SAJEEV A	180030250	
38 ROSHNA ABDUL SALAM	180030256	
39 HEREENA MARIA MORRIS	180030246	
40 VISMAYA P	180030267	
41 ARDRA. T. P	180030228	
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48 ABUN V S	180030217	
49 HARSHA V G	180030245	
50 NAZRIN T	180030252	
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52 SANDRA P	180030275	
53 SREELAKSHMI SUJAN	180030276	
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55 FATHIMA SHAREEF	180030270	
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57 CHINMAY K	180030269	
58 NITHYA.B. S	180030273	





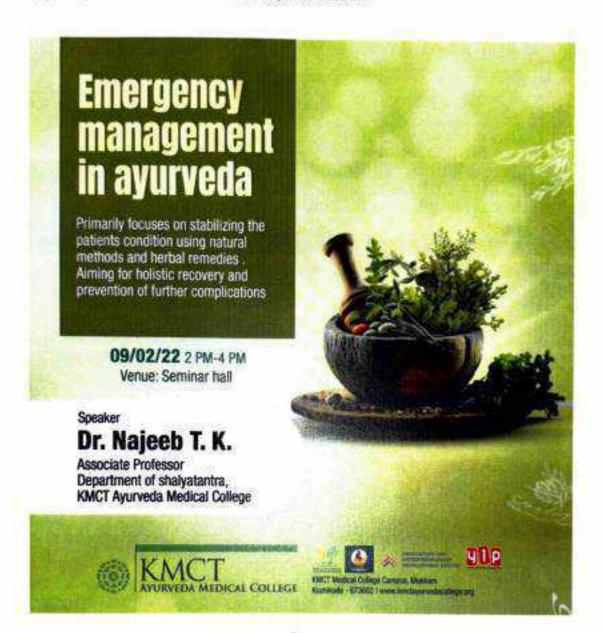






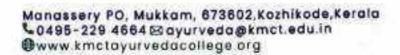






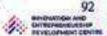


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# ACADEMIC YEAR 2020-21









#### ACADEMIC YEAR 2020-21

#### SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Zoom

Z.oom

Date:8-9-20

Webinar Speaker: Dr. Arathi V

No of participants: 53

## SUMMARY

A Webinar on "EFFECTIVE TIME MANAGEMENT FOR AYURVEDA STUDENTS" was organized. The resource person was Dr. Arathi V. The speaker addressed the gathering about Establishing goals that are both challenging and achievable and aligning them with your priorities.

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1 CHAITHANYA V A	200030681	
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13 VIDYASREE K	200030715	
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15 JENIKA C G	200030696	
16 ANISHMA S PRASAD	200030672	
17 KAVYA. V	200030699	
18 ANEENA JOY	200030670	
19 K G ANUPAMA KRISHNAN	200030700	
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25 DEVIKA V	200030682	
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29 MEGHA MOHAN	200030702	
30 DHANASREE U S	200030683	
31 ANEETTA JACOB	200030671	
32 AISWARYA A	200030666	
33 ANUPAMA. T	200030675	
34 SREEVANI. E. S	200030714	
35 ANUSREE, P	200030677	



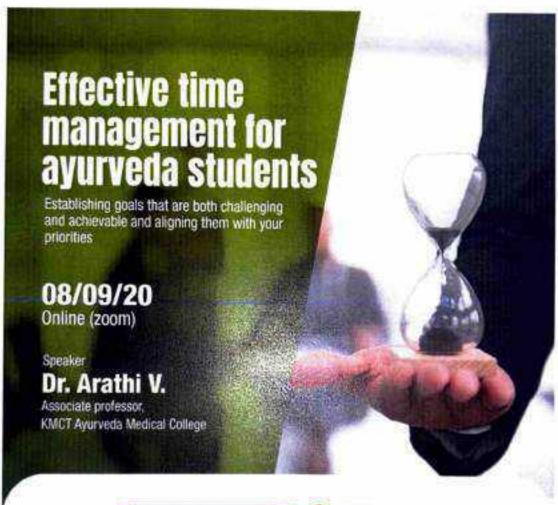
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37 ALISHA JIMMY	200030669	
38 HARSHA MUHAMMED M R	200030692	
39 INDHU. R	200030695	
40 ELITE TESS LONAPPAN	200030685	
41 AYSWARYA P C	200030680	
42 FATHIMA SAFA. N	200030687	
43 GAYATHRI V P	200030690	
44 RADHIKA K R	200030706	
45 FEBINA SHEREEN	200030688	
46 ANUSHA. K	200030676	
47 FATHIMA JUMANA JEBIN K	200030686	
48 HILDA.P. P	200030693	
49 SONA P J	200030711	
50 NADIYA SAINU	200030703	
51 ALBINA JOHNSON	200030668	
52 SREEKUTTY R	200030713	
53 GOKUL KRISHNA V R	200030691	

























# ACADEMIC YEAR 2020-21

# LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT ACTIVITY REPORT

Venue: zoom

Webinar Speaker: Dr. Mridula j

Date: 25-8-20

No of participants:50

## SUMMARY

As part of communication skill development program, a webinar on "Communication gap between doctors" was conducted by Dr Mridula j for students of the academic year 2021-22. In his talk Dr Mridula j stressed about the importance and benefits of communication between doctor engaging in healthier behaviors.



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1 SAYAND A S	160030233
2 RASHA ZEHRA ABDUL GAFOOR	160030226
3 SAHLA P C	160030229
4 BUSHINA	160030209
5 NASNY KURSHID	160030220
6 NIKHILA N K	160030222
7 ATHIRA. K	160030242
8 ANITHA C U	160030202
9 FASINA BINDIYA R M	160030211
10 AYSHA SHAHNA	160030207
11 YASMIN K C (	160030241
12 HRIDHYA THILAKAN	160030215
13 RUKSANA PK	160030227
14 HANAN HAMZA	160030213
15 FAMINE ZACKARIYA	160030210
16 THASNEEM	160030239
17 AKSHARA. E	160030198
18 MEGHA PILLAI	160030217
19 GOPIKA T PANICKER	160030212
20 V REZVANA RAZAK	160030240
21 AKHILA JAYATHILAKAN	160030196
22 ANJU RAHNA K H	160030204
23 SANIYA SAID	160030232
24 NAYANA. M	160030221
25 NIRANJANA K	150030224
26 BAVANA GOPINATH	160030208
27 ALFIA ARSHAD	160030200
28 SACHIN.A.M	160030228
29 AHALYA SURESH A	160030195
30 SUMAYYA NAZAR	160030237
31 MEHNAZ NOUSHAD	160030219 160030199
32 AKSHAY, K	160030199
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36 ARYA KRISHNAN	160030205 PRING
37 PANCHAMI RAJEEV	160030225 • K KMCT. F
38 SAI NANDANA. M.C	160030225 • K M C.T. F 160030230 MEDICAL
39 SUNEESH. V. S	160030238
40 SHAHMA, N	160030234
41 AYISHA. C	160030206
42 SREEPARVATHI, K S	160030236
43 SOURAV N MOHAN	160030235
44 MEHNAS AHAMMED P	160030218



45 MANJUKALA. G. K	160030216	
46 NIMISHA P	160030223	
47 SAJIDHA BABY	160030231	
48 ABHIRAMI RADHAKRISHNAN	160030193	
49 HARSHIDA	160030214	
50 ANITTA JETTO	160030203	

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Importance and benefits of good communication, engane in healthier behaviours

25/08/20 Online (zoom)

Speaker

Dr. Mridula

Assistant professor, KMCT Ayurveda Medical College









- Deplace

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16



# Yoga For Wellness- December 07 2020

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks On 'UNWIND AND REJUVINATE; YOGA FOR WELLNESS' by Dr. Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.









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2 IRFANA C	180030249
3 HIBA RAZAK	180030247
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32 FATHIMA FARHANA .C	180030241	
33 AKHILA REMESH	180030222	
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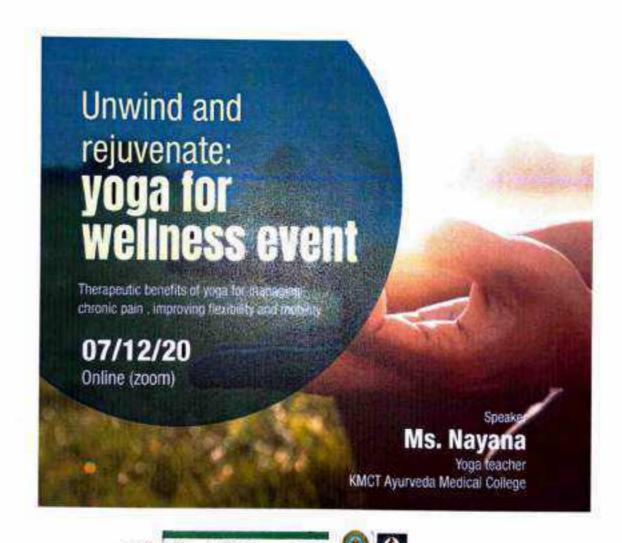


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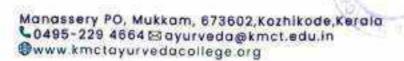






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## ACADEMIC YEAR 2020-21

# ANALYTICAL SKILL DEVELOPMENT PROGRAM

## ACTIVITY REPORT

Venue: zoom

No of participants: 45

Speaker: Dr. Adarsh EK

Date:06/01/21

# SUMMARY

Knowledge and skills to identify anatomical structures and pathologies In radiographs. This program gave the undergraduates a good Opportunities utilisation of their analytical skill for their future carrier.



KIM.C.Y. AYURVEDA





1 MAHIMA S S	170030222	
2 FATHIMA RINSHA	170030211	
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5 MIZREEN FATHIMA	170030225	
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8 FIDHA FATHIMA S. Y	170030213	
9 RASHA, T	170030232	
10 GREENA G S	170030215	
11 SHAIFA SHAMSUDHIN	170030239	
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13 MUHSINA. M. T	170030226	
14 SHONIMA C	170030241	
15 ARYADAS, K. K.	170030200	
16 SURYAL K S	170030247	
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18 JITHIN DAS K R	170030221	
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23 SMRITHI K	170030242	
24 SUMAYYA	170030246	
25 VIDYA K S	170030248	
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27 REVATHY T M	170030234	
28 MURSHIDA IRFANA K	170030228	
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30 AFEEFA K. A	170030194	
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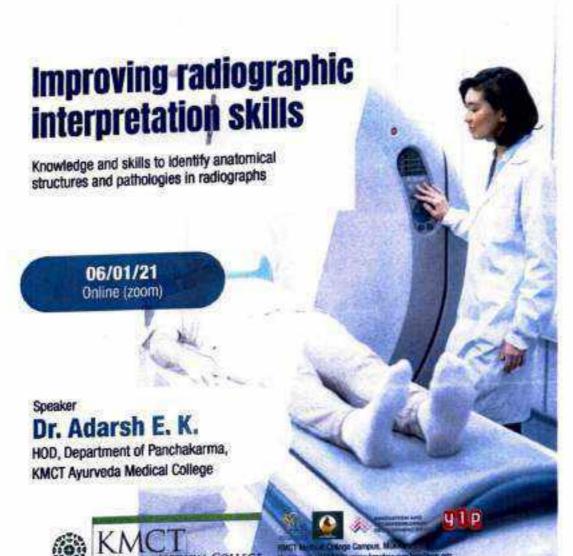
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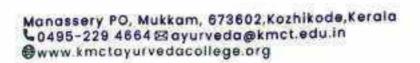
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#### **ACADEMIC YEAR 2020-21**

#### HUMAN VALUE DEVELOPMENT

#### **Activity Report**

Venue: Zoom Speaker: Dr. Vivek. k Date:19.1.21

No of participants: 58

#### SUMMARY

A program on LEGAL ESSENTIALS FOR DOCTORS 'was conducted on 19.1.21 through zoom. The resource person was Vivek, k. The speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program



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31 AKSHAYA, K, P	180030224
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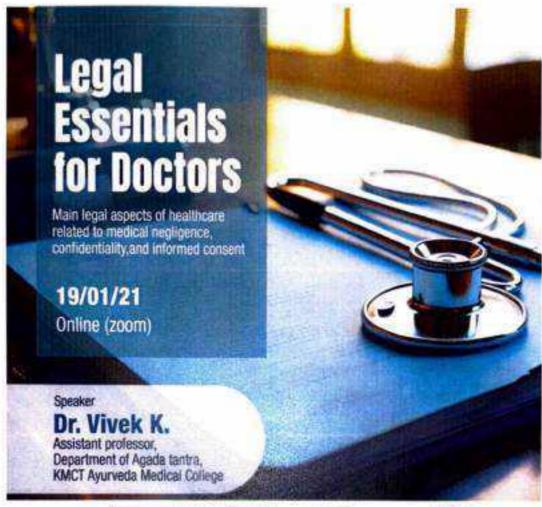
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#### **ACADEMIC YEAR 2020-21**

#### PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: Zoom

Webinar Speaker: Dr. Jasir Ahamed

Date: 12.3.21

No of participants:50

#### SUMMARY

A webinar on 'thriving in your career; ENHANCING PERSONALITY AND PROFESSIONAL SKILL" was organized. The resource person was Dr. Dr. Jasir Ahamed. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills







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21 REMYA. A. S	150031054
22 ASWATHY UTHAMAN	150031032
23 ASWATHI KRISHNA	150031031
24 SREELAKSHMI.G. S	150031061
25 NIFINA NAVASHAD	150031050
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27 PARVATHY NAYANA P P	150031051
28 JAHANA NASRIN M	150031037
29 KATHU M. DEVI	150031041
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34 JUMNA JAFAR	150031070 K.M.C.1.
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42 VYSHNAVI, M. S	150031069	
43 ASWANI V	150031029	
44 SHERHANA, V.S	150031060	
45 RANJANA JANARDHANAN. T	150031053	
46 KADEEJA CHANGARANCHOLA	150031039	
47 SALEEKA ABDUSSAMAD	150031057	
48 MOHSINA	150031044	
49 NAMITHA. P	150031046	
50 ASWATHI. K	150031030	



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Create a personal growth and professional development plan

12/03/21 Online (zoom)

Speaker

Dr. Jasir Ahmed

Medical officer (Marmaspecialist)













#### ACADEMIC YEAR 2020.21

#### EMPLOYABILITY SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Zoom Speaker: Dr. Praveen

Date:22.3.21 Students attended:57

#### SUMMARY

An introductory class on "BOOSTING EMPLOYBILITY; ESSENTIAL SKILL DEVELOPMENT IN AYURVEDA 'was conducted by Dr. PRAVEEN for 2018 Batch. The program gave a good knowledge about dosha, pulse diagnosis, herbal knowledge, yoga and pranayama.



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55 FATHIMA SHAREEF	180030270	
56 REVATHY S	180030274	
57 CHINMAY K	180030269	







# Boosting employability: essential skill development in ayurveda

Knowledge of Dosha, pulse diagnosis, herbal knowledge, yoga and pranayama

22/03/21 Online (zoom)

Speaker

Dr. Praveen

Medical officer









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## ACADEMIC YEAR 2019-20







#### ACADEMIC YEAR 2019-20

## SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Conference hall

Seminar Speaker: Dr. Subhasree GH

Date: 5-8-19 No of participants: 50

#### SUMMARY

A Seminar on "ENTREPRENEUR SKILLS IN AYURVEDA" was organized. The resource person was Dr.: Dr. Subhasree GH. The speaker addressed the gathering about Market Research Product Development, Branding and Marketing, Distribution and Sales.









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27 PARVATHY NAYANA P P	150031051 MEDICAL
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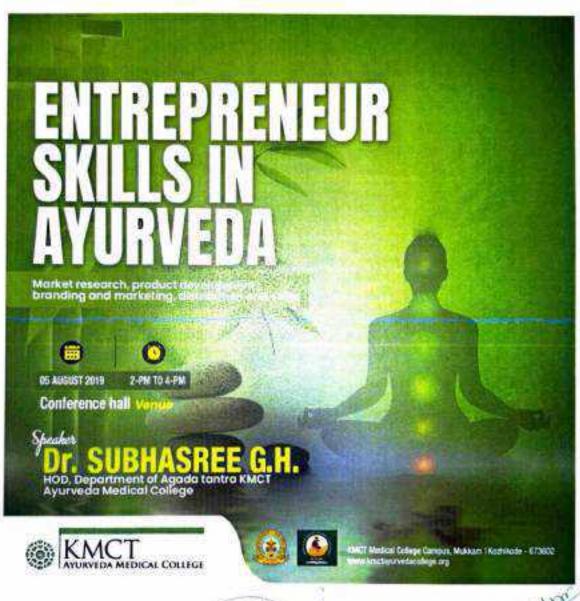


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47 SALEEKA ABDUSSAMAD	150031057
48 MOHSINA	150031044
49 NAMITHA. P	150031046
50 ASWATHI. K	150031030













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#### ACADEMIC YEAR 2019-20

#### LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

#### ACTIVITY REPORT

Venue: zoom

Date: 16-9-19

Webinar Speaker: Dr. Binu Purushothaman

No of participants: 58

#### SUMMARY

As part of communication skill development program, a webinar on "mastering language and Communication skills for success" was conducted by Dr Binu Purushothaman for students of the academic year 2019-20 on 16-9-19. In his talk Dr Binu stressed about the effective ideas and conveying skills, speaking skills, and writing skills.







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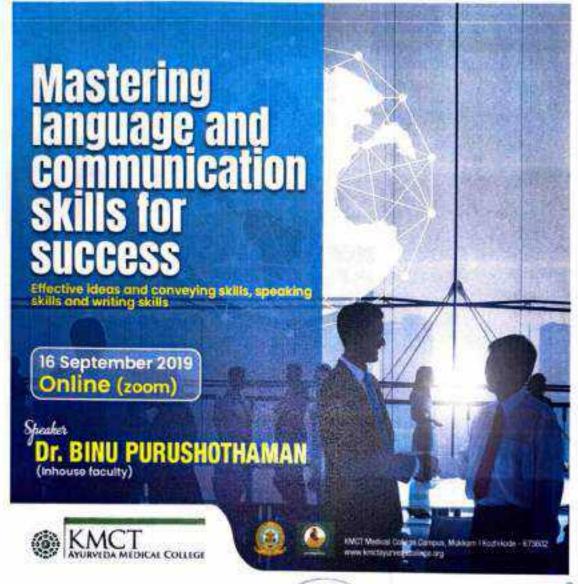
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58 NITHYA.B. S	180030273	













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#### Yoga And Holistic Healing-November 27 2019

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks On 'JOURNEY TO INNER PEACE; YOGA AND HOLISTIC HEALING 'by Ms. ARATHI, Ms. REKHA, Ms. ASWATHI. PRIVATE YOGA INSTRUCTORS. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree. G.H followed by felicitation address from other HODs and NSS programme officer.



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1 SAYAND A S	160030233
2 RASHA ZEHRA ABDUL GAFOOR	160030226
3 SAHLA P C	160030229
4 BUSHINA	160030209
5 NASNY KURSHID	160030220
6 NIKHILA N K	160030222
7 ATHIRA. K	160030242
8 ANITHA C U	160030202
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10 AYSHA SHAHNA	160030207
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18 MEGHA PILLAI	160030217
19 GOPIKA T PANICKER	160030212
20 V REZVANA RAZAK	160030240
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23 SANIYA SAID	160030232
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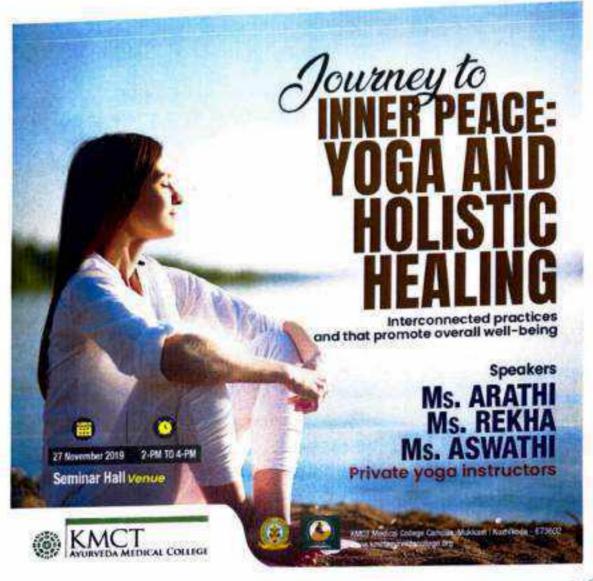
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40 SHAHMA. N	160030234
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44 MEHNAS AHAMMED P	160030218
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46 NIMISHA P	160030223
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48 ABHIRAMI RADHAKRISHNAN	160030193
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# ACADEMIC YEAR 2019-20 ANALYTICAL SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: conference hall No of participants:50 Speaker:Dr. Vipin PC Date:18/12/19

#### SUMMARY

Practionors to uphold the principles of integrity respect and responsibilities in practice. This program gave the undergraduates a good opportunity in utilisation of their analytical skill for them future carrier.









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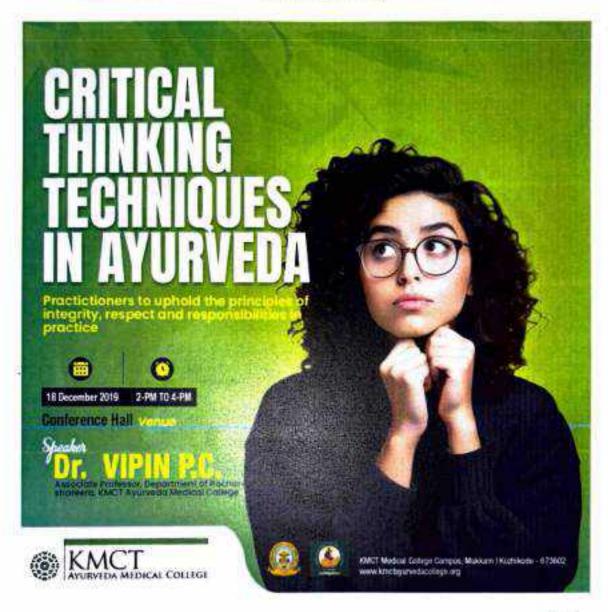


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## KMCT AYURVEDA MEDICAL COLLEGE

Approved by CCIM and Affiliated to Kerala University of Health Sciences.





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#### ACADEMIC YEAR 2019-20

#### HUMAN VALUE DEVELOPMENT

#### **Activity Report**

Venue: Zoom Speaker: Ratheesh, V

Date:3.2.20 No of participants: 58

#### SUMMARY

A program on Ethical principals in ayurveda was conducted on 3.2.20 through zoom. The resource person was Dr RATHEESH. V. The speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program









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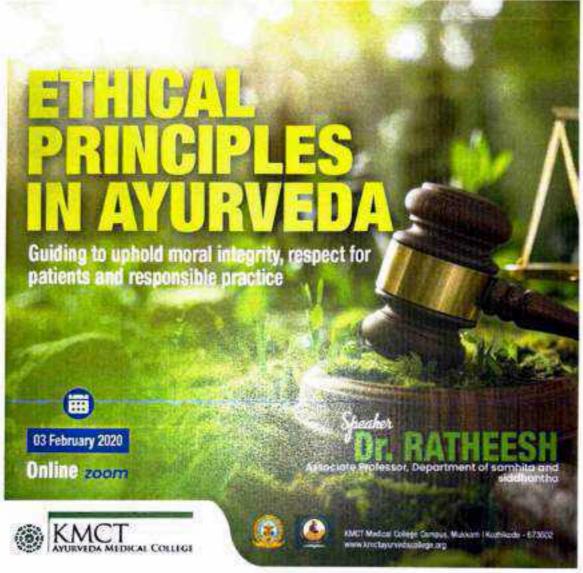
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52 SANDRA P	180030275
53 SREELAKSHMI SUJAN	180030276
54 NAHILA FATHIMA	180030272
SS FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
S7 CHINMAY K	180030269
58 NITHYA.B. S	180030273



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#### ACADEMIC YEAR 2019-20

#### PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: Zoom

Webinar Speaker: Dr. Alex George

Date: 3.3.20

No of participants:50

#### SUMMARY

A webinar on "Integrating Personality and professional Development" was organized. The resource person was Dr Alex George. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills and prepared them to have a successful career.









1 SAYAND A S	160030233
2 RASHA ZEHRA ABDUL GAFOOR	160030226
3 SAHLA P C	160030229
4 BUSHINA	160030209
S NASNY KURSHID	160030220
6 NIKHILA N K	160030222
7 ATHIRA. K	160030242
8 ANITHA C U	160030202
9 FASINA BINDIYA R M	160030211
10 AYSHA SHAHNA	160030207
11 YASMIN K C (	160030241
12 HRIDHYA THILAKAN	160030215
13 RUKSANA PK	160030227
14 HANAN HAMZA	160030213
15 FAMINE ZACKARIYA	160030210
16 THASNEEM	160030239
17 AKSHARA. E	160030198
18 MEGHA PILLAI	160030217
19 GOPIKA T PANICKER	160030212
20 V REZVANA RAZAK	160030240
21 AKHILA JAYATHILAKAN	160030196
22 ANJU RAHNA K H	160030204
23 SANIYA SAID	160030232
24 NAYANA. M	160030221
25 NIRANJANA K	160030224
26 BAVANA GOPINATH	160030224
27 ALFIA ARSHAD	160030200
28 SACHIN.A.M	160030228
29 AHALYA SURESH A	160030195
30 SUMAYYA NAZAR	160030237
31 MEHNAZ NOUSHAD	160030219 PRINCE
32 AKSHAY, K	160030199 WARDY KM.C.T. A.U.
33 ABIN JOHNY	160030194 MEDICAL
34 ANAVADHYA J PRAKASH	160030201
35 AKHILA REMANAN	160030197
36 ARYA KRISHNAN	160030205
37 PANCHAMI RAJEEV	160030225
38 SAI NANDANA. M.C	160030230
39 SUNEESH. V. S	160030238
40 SHAHMA. N	160030234
41 AYISHA. C	160030206
42 SREEPARVATHI. K S	160030236
43 SOURAV N MOHAN	160030235



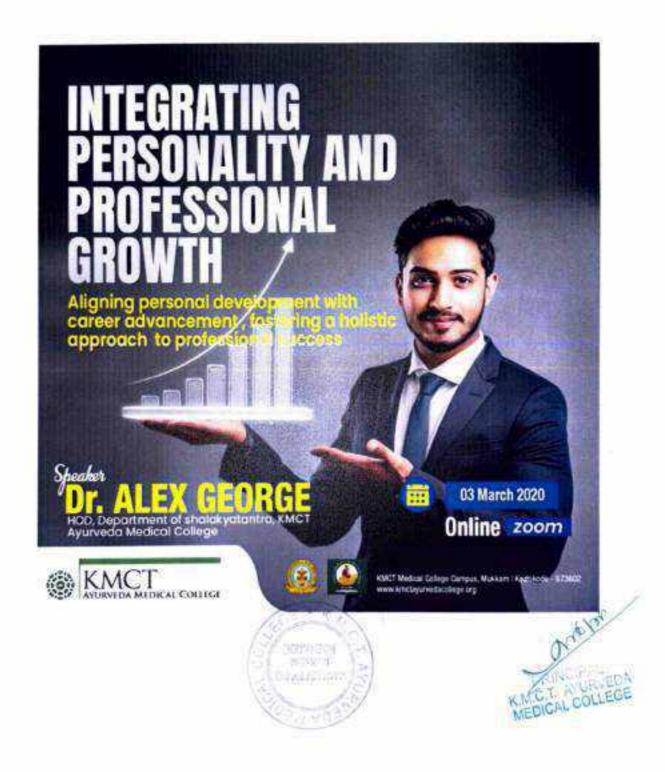
44 MEHNAS AHAMMED P	160030218	
45 MANJUKALA. G. K	160030216	
46 NIMISHA P	160030223	
47 SAJIDHA BABY	160030231	
48 ABHIRAMI RADHAKRISHNAN	160030193	
49 HARSHIDA	160030214	
50 ANITTA JETTO	160030203	



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#### **ACADEMIC YEAR 2019-20**

#### EMPLOYABILITY SKILL DEVELOPMENT PROGRAM

#### ACTIVITY REPORT

Venue: conference hall Speaker: Dr. Subin Suresh Date:20.11.19 Students attended:50

#### SUMMARY

An introductory class on "ENHANCING EMPLOYBILITY; KEY SKILLS FOR CAREER SUCCESS' was conducted by Dr. SUBIN SURESH for student's of 2016 batch. The program gave a good knowledge and elps in developing good technical skills ,communication skills, problem solving ,team work and collabration ,leadership skils







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