



KMCT AYURVEDA MEDICAL COLLEGE

Approved by NCISM and Affiliated to Kerala University of Health Sciences.

TO WHOM SO EVERIT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.

Arabin

PRINCIPAL
K.M.C.T. AYURVEDA
MEDICAL COLLEGE



Manassery PO, Mukkam, 673602, Kozhikode, Kerala
☎ 0495-229 4664 ✉ ayurveda@kmct.edu.in
🌐 www.kmctayurvedacollege.org



INNOVATION AND
ENTREPRENEURSHIP
DEVELOPMENT CENTRE





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ATTENDANCE CERTIFIED BY THE PRINCIPAL FOR ADVANCED YOGIC PRACTICES

Aradhya

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From

Dr Sijna v p
Assistant professor
Department of Swastha vritha
Kmct Ayurveda Medical College

To

The Principal
Kmct Ayurveda Medical College
Manassery

Subject: Request to Conduct Advanced Yoga Program

Respected Madam,

I am writing this letter to request permission to conduct an Advanced Yoga Program for the students of 2020 batch, KMCT Ayurveda Medical College. The program aims to promote physical, mental, and emotional well-being, and enhance overall productivity.

Objectives:

- Improve flexibility and balance
- Reduce stress and anxiety
- Enhance concentration and focus
- Promote overall health and wellness

Program Details:

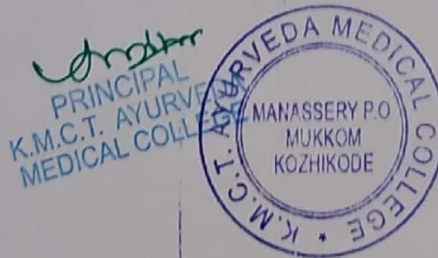
- Duration: One week
- Timing: 3pm-4pm
- Instructor: Dr. Nayana T. M

Thank you for considering my request. I look forward to your positive response.

Manassery
06106123

Sincerely,

Dr. Sijna V. P



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Place: Manassery
Date: 09/06/23

OFFICE ORDER

The proposal to conduct an Advanced Yoga Program for the students and faculty members of KMCT Ayurveda Medical College has been approved.

The following terms and conditions are hereby sanctioned:

- Program Title: Advanced Yoga Program
- Duration: one week
- Timing: 3pm - 4 pm
- Instructor: Dr.Nayana T.M
- Venue: yoga hall
- Participants: Students of 2020 batch
- Dates: 12-6-23 to 17-6-23

You are authorized to coordinate and conduct the program as per the approved details. Please ensure that the program is conducted in a professional and safe manner.

[Handwritten Signature]

PRINCIPAL

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KMCT AYURVEDA MEDICAL COLLEGE

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KMCT AYURVEDA MEDICAL COLLEGE STUDENT'S

Sl No.	Name
1	A. B. Ajay
2	Ahila Neelash
3	Aiswarya A
4	Ahan Saurya A
5	Albena Johnsun
6	Alsha Jimmy
7	Ananya Joy
8	Anushta Jacob
9	Anusha S Prasad
10	Anuja V P
11	Anjali M J
12	Anusama T
13	Anusha K
14	Anusree P
15	Anshu Bharath
16	Arsha K
17	Aparna P C
18	Aradhana V A
19	Arushi V
20	Aravindan M S
21	Arsha K
22	Arsha Sankaran
23	Aradhana Jayama John K
24	Aradhana Sathya S
25	Aradhana Shreem
26	Aradhana Prasad
27	Aradhana V P
28	Aradhana V R
29	Aradhana Muhammed M R
30	Aradhana
31	Aradhana E
32	Aradhana K
33	Aradhana C G
34	Aradhana B C
35	Aradhana Krishna
36	Aradhana
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MANASSERY P.O., MUKKAM, KOZHIKODE

ATTENDANCE REGISTER

Sl No.	Vidya		Advanced		Vega		Practical		Vidya		Practical	
	3-4pm	4-5pm	5-6pm	6-7pm	8-9pm	10-11pm	12-1pm	2-3pm	4-5pm	6-7pm	8-9pm	10-11pm
1	P	P	P	P	P	P	P	P	P	P	P	P
2	P	P	P	P	P	P	P	P	P	P	P	P
3	P	P	P	P	P	P	P	P	P	P	P	P
4	P	P	P	P	P	P	P	P	P	P	P	P
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11	P	P	P	P	P	P	P	P	P	P	P	P
12	P	P	P	P	P	P	P	P	P	P	P	P
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14	P	P	P	P	P	P	P	P	P	P	P	P
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62	P	P	P	P	P	P	P	P	P	P	P	P



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