



# KMCT AYURVEDA MEDICAL COLLEGE

Approved by NCISM and Affiliated to Kerala University of Health Sciences.

## Policy for Integration

**Integrative Medicine** - The benefit of combining conventional therapies with complementary therapies that have been shown to be safe and effective in medical care. Integrative medicine uses an evidence-based approach to treat the whole person-body, mind and soul. Integrative medicine is like a partnership of consultants of different systems of medicine, which guides and advises patients regarding treatment options. Together, the consultants and the patient decide on the best plan of action.

### Objective:

To provide treatment Integrative medicine service to mankind by integrating AYUSH and Modern medicine

To provide excellence of medical knowledge by integrating AYUSH and Modern medicine for BAMS students

### Scope of policy

KMCT ayurveda medical college and hospital with an intention to provide preventive, promotive, therapeutic medical services, Lifestyle counselling, Yoga, Diet advice and Stress Management.

Excellence of medical knowledge of students.

### The Model of Integration in Integrative Medical Services – is

- Co-location of the consultants of both systems of medicine
- Patients -Referred from existing OPD
- Treatment - Integrative Model

Integrative Medicine for the public, established Integrative Medical services

1. Casualty OPD Section
2. Integrative AYUSH therapy (OPD Services from)
  - a) Naturopathy & Yoga
3. Integrative Critical Care and Emergency Medicine
4. Integrative Dietetics and Nutrition



*Andhra*  
PRINCIPAL  
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