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AYURVEDA MEDICAL COLLEGE

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To Whom So To Ever It May Concern

This Is To Certify That The Information In The Attached Documents Is Verified By Me And Is True To The Best Of My Knowledge



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K.M.C.T. AYURVEDA
MEDICAL COLLEGE



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Capability enhancement and development schemes year wise

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ACADEMIC YEAR 2023-2024

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ACADEMIC YEAR 2023-24

SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Conference Hall

Webinar Speaker: Dr. Priyanka PS

Date:20-12-23

No of participants:35

SUMMARY

A webinar on "METHODS TO EXCEL IN AYURVEDIC PRACTICE" was organized. The resource person was Dr Priyanka PS. The speaker addressed the gathering about the basic theories of Ayurveda and gain practical experience, explore ayurvedic lifestyle practices. He added that Ayurveda's first priority should be the patient's interest and protection of confidentiality of patient's information. The entire gathering was benefited by the program



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LIST OF STUDENTS ENROLLED

1. AFARNA U	180030227
2. IRFANA C	180030249
3. HIBA RAZAK	180030247
4. FATHIMA SHANA K	180030242
5. SREE LAKSHMI P	180030262
6. AYSHA SHAFNA K	180030235
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29. SAHILA SHAHNAS C	180030258
30. ASWATHY K	180030234
31. AKSHAYA K P	180030224
32. FATHIMA FAHMANA C	180030241
33. AKHILA REMESH	180030222
34. AFRA S	180030219
35. SREYA UNNI C	180030263



Arundhati
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HOW TO EXCEL IN AYURVEDIC PRACTICE

EXPOSE YOURSELF TO DIFFERENT SOURCES OF
INFORMATION, PERSPECTIVES AND ARGUMENTS

Speaker

Dr. PRIYANKA P.S.

Assistant professor,
Department of Panchakarma

20 DEC 2023

2.00 to 4.00pm

Conference Hall



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🌐 www.kmctayurvedacollege.org



INNOVATION AND
ENTREPRENEURSHIP
DEVELOPMENT CENTRE





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ACADEMIC YEAR 2023.24

LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

ACTIVITY REPORT

Venue: Conference hall
Seminar Speaker: Dr Yahya Mubarak

Date: 13-11-23
No of participants: 25

SUMMARY

As part of communication skill development program, a Seminar on "Effective Communication" was conducted by YAHYA MUBARAK for students of the academic year 2023-24 on 13-11-23. In his talk Yahya Mubarak stressed about Developing Relationship Through Communication and Sharing Experiences Supports Personal Social, And Emotional Development AS Well as Early Literacy Skills.



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Dr. M. S. Prasad
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Conference Hall
 12 NOVEMBER 2021 | 11:00 - 01:00 PM
 Date & Time

Speaker
YAHYA MUBARAK
 Associate Faculty

EFFECTIVE COMMUNICATION SKILL DEVELOPMENT

DEVELOPING RELATIONSHIPS THROUGH COMMUNICATION AND SHARING EXPERIENCES SUPPORTS PERSONAL, SOCIAL AND EMOTIONAL DEVELOPMENT AS WELL AS EARLY LITERACY SKILLS




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International Yoga Day- June 21 st 2023

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks by Dr. Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.



Subhasree G.H
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1 NADEERA K	210030172
2 MIDHUN SIVAN	210030170
3 SHANIMA S	210030185
4 ANJANABHAI T A	210030156
5 IRFANA NAZARIN K A	210030164
6 SREEVAISHNAV SASEENDRAN	210030190
7 KEERTHANA T M	210030167
8 NEHLA, A	210030176
9 GEETHU ANILKUMAR	210030161
10 VARNA DAS	210030192
11 SAYANA C	210030180
12 ATHULYA, V, V	210030158
13 NANDANA N	210030173
14 ASWIN T	210030157
15 NARTHANA S	210030175
16 AMINA SHIBILLA, K	210030153
17 FIDA VARANKODE	210030160
18 GOPIKAMOHAN, P	210030162
19 ADHEENA K B	210030146
20 MUHAMMED FARIS, N, K	210030171
21 AKHILA CHANDRAN	210030149
22 MANJIMA KRISHNAN	210030169
23 TEJA DAS	210030191
24 NITHYA MARIA VARIATH	210030177
25 SOOFIYA BEEGUM	210030168
26 SAYOOJA BALJU B	210030181
27 ROBINA R	210030178
28 SANGEETH SANTHOSH K	210030179
29 SHAFNA A B	210030183
30 ALEENA, T, A	210030150
31 AMAYA SREEDHARAN A S	210030152
32 SHAHANA SHERIN T	210030184





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33 EEZA S ARAMANGALAM	210030159
34 AJANYA T K	210030148
35 SREESHA P	210030189
37 AMRITHA BALU	210030154
38 ADHITHYA P PARAMES	210030147
39 ANCHU AJI L	210030155
40 JUJI . LS	210030166
41 SHABNA S. NAZEER	210030182
42 SILPA K K	210030187
43 LINSHA ROSEL . C .K	210030168
44 ABHINAV SUNDAR. C	210030145
45 JESSY V J	210030165
46 NANDANA PRAMOD	210030174
47 ALEESHA ROSHNI . A .P	210030151
48 IRFANA FATHIMA	210030163
49 SHEIKHA NAZAR	210030186



Chiranjeevi

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AWARENESS TALK ON YOGA

HELPS TO BECOME MORE AWARE OF THE
BODY, MIND, BREATH AND EMOTIONS BY
WATCHING THE PROCESSES IN THE BODY
AND MIND AS A WITNESS

Conference Hall Venue
21 JUNE 2023 | 02:00 - 04:00 PM
Date & Time

Speaker
NAYANA
Senior Professor, Department of Yoga
KMC, Ayurveda Medical College



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ACADEMIC YEAR 2023-24

ANALYTICAL SKILL DEVELOPMENT PROGRAMME

ACTIVITY REPORT

Venue: Seminar Hall

No of participants:25

Date:15/11/23

SUMMARY

A Seminar on analytical skill development was conducted by DR. JASIR AHAMED.

Expose Students to different sources of information regarding Marma.

This program gave the undergraduates a good opportunity in utilisation of their analytical skill for their future carrier.



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ACADEMIC YEAR 2023-24

HUMAN VALUE DEVELOPMENT

Activity Report

Venue: seminar hall

Speaker: Dr. rajesh Nelamana

Date: 16.11.23

No of participants: 25

SUMMARY

A program on PROFESSIONALISM AND ETHICS DEVELOPMENT was conducted on 16.11.23 in seminar hall. The resource person was DR RAJEESH NELAMANA. The speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program



Dr. Rajesh Nelamana
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COMPREHENSIVE CLASS ON PROFESSIONALISM AND ETHICS DEVELOPMENT

A FOCUSED PROGRAM ON PERSONAL RESPONSIBILITY, SOCIAL RESPONSIBILITY, COLLECTIVE AND DESTINY-ORIENTED LEADERSHIP OF A PRACTITIONER

Saturday 15th
12 SEPTEMBER 2023 | 09:00 - 04:00 PM

Dr. RAJESH NEELAMANA

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Monastery, Kerala, India
5XCC+H3H, KMCT Medical College Rd, Monastery, Kerala 673572, India
Lat 11.822005°
Long 75.96759°
16/11/23 10:50 AM GMT +05:30

GPS Map Camera

Google



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ACADEMIC YEAR 2023-24

PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: Conference hall
Webinar Speaker: Dr. Mansoor

Date: 1.11.23
No of participants:58

SUMMARY

A Seminar on "Personality Development" was organized. The resource person was Dr. Mansoor. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills and prepared them to have a successful career.



Dr. Mansoor
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36. CHIPPY JOSEPH	180030238
37. MIDHILA SAMEEV A	180030250
38. ROSHNA ABDUL SALAM	180030256
39. HEREENA MARIA MORRIS	180030246
40. VISMAYA P	180030267
41. ANDRA T P	180030228
42. ASHLEY SHAJI	180030232



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44 FASEELA USMAN	180030240
45 ASHIN V S	180030231
46 SABIRA RASHEED	180030257
47 RAKENDU A	180030254
48 ABUN V S	180030217
49 HARSHA V G	180030245
50 NAZRIN T	180030252
51 MOHAMMED FAYIS. K. K	180030271
52 SANDRA P	180030275
53 SREELAKSHMI SUJAN	180030276
54 NAHILA FATHIMA	180030272
55 FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
57 CHINMAY K	180030269
58 NITHYA. B. S	180030273



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PERSONALITY & PROFESSIONAL DEVELOPMENT

SEEKING OUT WAYS TO DO YOUR JOB BETTER

Speaker
Dr. MANSOOR K.M.
Former DMO/SM, Kozhikode

01 NOV 2023
2.00 to 4.00pm
Conference Hall

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Dr. Mansoor K.M.
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ACADEMIC YEAR 2023-24

EMPLOYABILITY SKILL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: Seminar Hall
Speaker: Dr. Najeeb Tk

Date: 25.1.24
Students attended : 25

SUMMARY

A workshop on "SPLINTING TECHNIQUES" was conducted by Dr. NAJEEB .TK for interns. The program gave a good knowledge about orthopaedic appliance which can be used in patients to intervene their skeletal malocclusion at the earliest. The program also gave an idea about the correction methodologies.



Najeeb
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WORKSHOP ON SPLINTING TECHNIQUES

LEARNING THE BEST TECHNIQUES IN BOTH CASTING AND SPLINTING
PRE AND POST SPLINT CHECKS

📅 25 JAN 2024

🕒 2.00 to 4.00pm

📍 Seminar Hall

Speaker

Dr. NAJEEB T.K.

Associate Professor, Department of Salya Chikitsa,
KMCT Ayurveda Medical College



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ACADEMIC YEAR 2022-23



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ACADEMIC YEAR 2022-23

SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: SEMINAR Hall

Date:20.2.22

Webinar Speaker:Dr.Sivadasan

No of participants: 17

SUMMARY

A seminar on "NEED OF LEADERSHIP SKILLS IN AYURVEDA " was organized. The resource person was Dr.SIVADASAN . The speaker addressed the gathering about the basic theories of Ayurveda and gain practical experience, explore ayurvedic lifestyle practices. He added that Ayurveda's first priority should be the patient's interest and protection of confidentiality of patient's information. The entire gathering was benefitted by the program.



John
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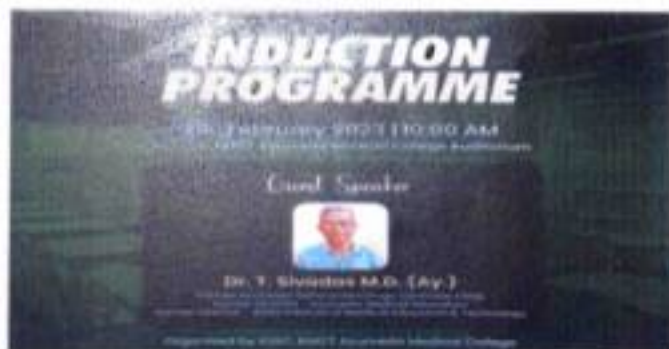
LIST OF STUDENTS ENROLLED

1 ARATHY S	220030882
2 MADHURI MARUTHI JADHAV	220030892
3 DIVA UDAYAKUMAR	220030885
4 ATHUL KRISHNAN K	220030884
5 JITHESH G	220030889
6 JYOTHI V	220030890
7 ROSE C T	220030898
8 FATHIMA SHADHIYA K K	220030886
9 PRIYANKA K.V	220030896
10 ASIYA F	220030883
11 NAVANYA A B	220030894
12 R M ARUNIMAJYOTHI	220030897
13 GOPIKA UDAYAKUMAR. M	220030887
14 AMINA SHERIN K	220030881
15 JILSON K. JOB	220030888
16 MISIRIYA HARIS	220030891
17 NAVYA MOHANAN	220030895



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Dr. Shrestha
 PRINCIPAL
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ACADEMIC YEAR 2022-23

LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

ACTIVITY REPORT

Venue: Conference hall
Seminar Speaker: Akarsh

Date: 4-3-23
No of participants: 49

SUMMARY

As part of communication skill development program, a Seminar on "Language and Communication skill Development" was conducted by AKARSH for students of the academic year 2022-23 On 4-3-23. In his talk Akarsh stressed about the Crucial aspect of personal and professional growth.



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LIST OF STUDENTS ENROLLED

1 NADEERA K	210030172
2 MIDHUN SIVAN	210030170
3 SHANIMA, S	210030185
4 ANJANABHAI T A	210030156
5 IRFANA NAZARIN K A	210030164
6 SREEVAISHNAVI SASEENDRAN	210030190
7 KEERTHANA T M	210030167
8 NEHLA, A	210030176
9 GEETHU ANILKUMAR	210030161
10 VARNA DAS	210030192
11 SAYANA,C	210030180
12 ATHULYA, V. V	210030158
13 NANDANA,N	210030173
14 ASWIN T	210030157
15 NARTHANA, S	210030175
16 AMINA SHIBILLA, K	210030153
17 FIDA VARAMKODE	210030160
18 GOPIKAMOHAN, P	210030162
19 ADHEENA K B	210030146
20 MUHAMMED FARIS,N. K	210030171
21 AKHILA CHANDRAN	210030149
22 MANJIMA KRISHNAN	210030169
23 TEJA DAS	210030191
24 NITHYA MARIA VARIATH	210030177
25 SOOFIYA BEEGUM	210030188
26 SAYOOJA BAIJU B	210030181
27 ROBINA R	210030178
28 SANGEETH SANTHOSH K	210030179
29 SHAFNA A B	210030183
30 ALEENA, T, A	210030150
31 AMAYA SREEDHARAN A S	210030152
32 SHAHANA SHERIN T	210030184



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33 EEZA S ARAMANGALAM	210030159
34 AJANYA T K	210030148
35 SREESHA P	210030189
37 AMRITHA BALU	210030154
38 ADHITHYA P PARAMES	210030147
39 ANCHU AJI L	210030155
40 JIJU. L.S	210030166
41 SHABNA S. NAZEER	210030182
42 SILPA K K	210030187
43 LINSHA ROSEL. C. K	210030168
44 ABHINAV SUNDAR. C	210030145
45 JESSY V J	210030165
46 NANDANA PRAMOD	210030174
47 ALEESHA ROSHNI. A. P	210030151
48 IRFANA FATHIMA	210030163
49 SHEIKHA NAZAR	210030186



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LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

CRUCIAL ASPECT OF PERSONAL AND PROFESSIONAL GROWTH

Conference Hall
04 MARCH 2023 | 02:00 - 04:00 PM

Speaker

AKARSH



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Arishin
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Puthur, Kerala, India

8XF9+224, Chennamangalur Rd, Puthur, Kerala

673572, India

Lat 11.322209°

Long 75.967925°

04/03/23 12:37 PM GMT +05:30



Puthur, Kerala, India

8XF9+224, Chennamangalur Rd, Puthur, Kerala

673572, India

Lat 11.322344°

Long 75.967855°

04/03/23 11:47 AM GMT +05:30





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International Yoga Day- June 21 st 2022

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks On yoga and wellness by Dr. Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.



Subhasree G.H
PRINCIPAL
K.M.C.T. AYURVEDA
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LIST OF STUDENTS ENROLLED

1 CHAITHANYA V A	200030681
2 ARORA BHARATH	200030678
3 SIMRIN P	200030710
4 ANUGA MOL J	200030674
5 ALAN SURYA A	200030667
6 GAYATHRI PRASANTH	200030689
7 DIYA DAS K	200030684
8 SAYANA LAL	200030708
9 AHILA MOUSHAD	200030665
10 ARORA K	200030679
11 VISMAVA VISWANATH	200030716
12 SOORYA A	200030713
13 VIDYASREE K	200030715
14 JYOTHIKA B C	200030697
15 JENIKA C G	200030696
16 ANISHMA S PRASAD	200030672
17 KAVYA V	200030689
18 ANEENA IDY	200030670
19 K G ANUPAMA KRISHNAN	200030700
20 ANJU V.P	200030673
21 KAVYA MADHAVAN	200030698
22 HRIDYA E	200030694
23 NIVEDITHA K M	200030704
24 SHEHINA FADUSHA	200030709
25 DEVIKA V	200030682
26 LEKSHMI L	200030701
27 FARVATHY M DEV	200030705
28 A B AJMIN	200030663
29 MEGHA MOHAN	200030702
30 DHANASREE U S	200030683
31 ANEETTA JACOB	200030671
32 AISWARYA A	200030666
33 ANUPAMA T	200030675
34 SREEVANI E S	200030714
35 ANUSREE P	200030677
36 SAJEENA J	200030707
37 ALISHA JIMMY	200030669
38 HARSHA MUHAMMED M R	200030692
39 INDHU R	200030695
40 ELITE TESS LONAPPAN	200030685



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41 AYSWARYA P C	200030680
42 FATHIMA SAFA. N	200030687
43 GAYATHRI V P	200030690
44 RADHIKA K R	200030706
45 FEBINA SHEREEN	200030688
46 ANUSHA . K	200030676
47 FATHIMA JUMANA JEBIN K	200030686
48 HILDA.P.P	200030693
49 SONA P J	200030711
50 NADIYA SAINU	200030703
51 ALBINA JOHNSON	200030668
52 SREEKUTTY R.	200030713
53 GOKUL KRISHNA V R	200030691



Dr. Anitha
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AWARENESS TALK ON YOGA AND WELLNESS

**BUILDS YOUR IMMUNE SYSTEM, IMPROVES YOUR
FLEXIBILITY, HELPS YOU MANAGE STRESS**

Seminar Hall Venue
21 JUNE 2022 | 11:00 - 01:00 PM
Date & Time

Speaker

NAYANA

Yoga Instructor, Department of Consultative and Yoga
KMCT Ayurveda Medical College



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Christina

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Dr. Arifin
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ACADEMIC YEAR 2022-23

ANALYTICAL SKILL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: Seminar Hall
No of participants: 49

Speaker: Dr. Jasir Ahmed
Date: 01/03/2023

SUMMARY

Expose Students to different sources of information regarding Marma.
This program gave the undergraduates a good opportunity in utilisation of their analytical skill for their future carrier.

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1 NADEERA K	210030172
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26 SAYDOOJA BAJU B	210030181
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43 LINSHA ROSEL C. K	210030158



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44 ABHINAV SUNDAR. C	210030145
45 JESSY V J	210030165
46 NANDANA PRAMOD	210030174
47 ALEESHA ROSHNI. A. P	210030151
48 IRFANA FATHIMA	210030163
49 SHEIKHA NAZAR	210030186



C. S. S. M.

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ANALYTICAL SKILL DEVELOPMENT

EXPOSE YOURSELF TO DIFFERENT SOURCES OF INFORMATION, PERSPECTIVES AND ARGUMENTS

Seminar Hall Venue
01 MARCH 2023 | 02:00 - 03:00 PM
Date & Time

Speaker

Dr. JASIR AHMED

Yoga Teacher/Department of Yoga/Yoga
KMCT, Ayurveda Medical College



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Dr. J. S. Prasad
PRINCIPAL
KMCT AYURVEDA
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ACADEMIC YEAR 2022-23
HUMAN VALUE DEVELOPMENT

Activity Report

Venue: seminar hall
Speaker: Dr. Rajeesh Nelamana

Date: 3.8.22
No of participants: 53

SUMMARY

A program on Professionalism and Ethics development in ayurveda was conducted on 3.8.22 in seminar hall. The resource person was Dr Rajeesh Nelamana. The speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program



Dr. Rajeesh Nelamana
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1 CHAITHANYA V A	200030681
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5 ALAN SURIYA A	200030667
6 GAYATHRI PRASANTH	200030689
7 DIYA DAS K	200030684
8 SAYANA LAL	200030708
9 AHILA NOUSHAD	200030665
10 ARDRA K	200030679
11 VISMAYA VISWANATH	200030712
12 SOORYA A	200030711
13 VIDYASREE K	200030715
14 JYOTHIKA B C	200030697
15 JENIKA C G	200030696
16 ANISHMA S PRASAD	200030672
17 KAVYA V	200030699
18 ANEENA JOY	200030670
19 K G ANUPAMA KRISHNAN	200030700
20 ANJU V P	200030673
21 KAVYA MADHAVAN	200030698
22 HRIDYA E	200030694
23 NIVEDITHA K M	200030704
24 SHEHNA FADUSHA	200030709
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27 PARVATHY M DEV	200030705
28 A B AJMIN	200030663
29 MEGHA MOHAN	200030702
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32 AJIWARYA A	200030566
33 ANUPAMA T	200030675
34 SRETVANI E S	200030714
35 ANUSREE P	200030677
36 SAJEENA J	200030707
37 ALISHA JIMMY	200030669
38 HARSHA MUHAMMED M R	200030692



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39 INDHU. R	200030695
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53 GOKUL KRISHINA V R	200030691



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ETHICS IN AYURVEDA

AYURVEDA HAS ADVOCATED AN ETHICAL CODE OF CONDUCT IN VARIOUS ASPECTS: SADVRITTA, CHATUSHPADA YOGYA, MAIDYAVRITTI, ACHARA, RASAYANA, NIDANAPARIVARJANA AND PATHYAPATHYA

Speaker:
Dr. RAJESH NEELAMANA
Senior medical officer

Venue: Seminar Hall
ON AUGUST 2022 10:00 - 04:00 PM
Date & Time

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200



Chandrasekhar
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ACADEMIC YEAR 2022-23

PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: Conference hall
Webinar Speaker: Pranav Raj

Date: 17-5-23
No of participants: 17

SUMMARY

A seminar on "Personality Development" was organized. The resource person was Dr Pranav Raj. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills and prepared them to have a successful career.



Pranav Raj
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8 FATHIMA SHADHIYA K K	220030886
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15 JILSON K. JOB	220030888
16 MISIRIYA HARIS	220030893
17 NAVYA MOHANAN	220030895



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PERSONALITY DEVELOPMENT

ENHANCING VARIOUS ASPECTS OF ONESELF TO ACHIEVE PERSONAL GROWTH AND EFFECTIVENESS IN SOCIAL AND PROFESSIONAL INTERACTIONS



Conference Hall Venue
23 AUGUST 2022 | 02:00 - 04:00 PM
Date & Time

Speaker

PRANAV RAJ

Consultant clinical psychologist



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Pranav Raj
PRINCIPAL
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Thazhacode, K.L, India

Manassery Medical, Thazhacode
Manassery Road, Thazhacode, Thiruvananthapuram,
Kerala, K.L, India
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ACADEMIC YEAR 2022-23

EMPLOYABILITY SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Seminar Hall
Speaker: Dr. Deepa.K. K

Date:27.4.23
Students attended :17

SUMMARY

An introductory class on "Employability skill development" was conducted by Dr. DEEPA.KK for Students of 2022 batch. The program gave a good knowledge, set of transferable skills and key personal attributes which are highly valued by employers and essential for effective performance in the work place.



Deepa.K.K.
PRINCIPAL
K.M.C.T. AYURVEDA
MEDICAL COLLEGE



LIST OF STUDENTS ENROLLED

1 ARATHY S	220030882
2 MADHURI MARIUTHI JADHAV	220030892
3 DIVA UDAYAKUMAR	220030885
4 ATHUL KRISHNAN K	220030884
5 JITHESH G	220030889
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14 AMINA SHERIN K	220030881
15 JILSON K. JOB	220030888
16 MISIRIYA HARIS	220030893
17 NAVYA MOHANAN	220030895



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Seminar Hall Venue
27 APRIL 2023 | 02:00 - 04:00 PM Date & Time

Speaker
Dr. DEEPA K.K.
 Assistant Professor, Department of Therapeutic Sciences
 KMCT Ayurveda Medical College

EMPLOYABILITY SKILL DEVELOPMENT

**SET OF TRANSFERABLE SKILLS AND KEY PERSONAL ATTRIBUTES
 WHICH ARE HIGHLY VALUED BY EMPLOYERS AND ESSENTIAL
 FOR EFFECTIVE PERFORMANCE IN THE WORKPLACE**



Dr. Deepa K.K.
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ACADEMIC YEAR 2021-22



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ACADEMIC YEAR 2021-22

SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Seminar Hall
Seminar Speaker: Dr. Nidhin V

Date: 11-3-22
No of participants: 58

SUMMARY

A seminar on "EFFECTIVE TIME MANAGEMENT FOR AYURVEDA STUDENTS" was organized. The resource person was Dr. Nidhin V. The speaker addressed the gathering about the Essential for students to succeed academically and maintain a healthy work life balance.



Nidhin V
PRINCIPAL
K.M.C.T. AYURVEDA
MEDICAL COLLEGE



LIST OF STUDENTS ENROLLED

1 APARNA U	180030227
2 IRFANA C	180030249
3 HIBA RAZAK	180030247
4 FATHIMA SHANA K	180030242
5 SREE LKSHMI P	180030262
6 AYSHA SHAFNA K	180030235
7 ARUNIMA K	180030229
8 NIDA RAZAK	180030253
9 UMEKHA UNNIKRISHNAN	180030266
10 ARYALAKSHMY WILSON	180030230
11 SANDRA C G	180030259
12 DEVAPRIYA M P	180030239
13 CHAITHRA T	180030237
14 HIDA PARVEEN K C	180030248
15 THEERTHA K V	180030265
16 SYAMA S NATH	180030264
17 AJANYA ARAVIND	180030221
18 ANU YOHANAN	180030225
19 SARAH YOUSAFFALI	180030260
20 ADITHYA RAJ	180030218
21 ASWATHI V SATHEESH	180030233
22 AISWARYA BHASKARAN	180030220
23 NAHALA NALAKATH	180030251
24 HAFNA	180030244
25 RESHMA A R	180030255
26 SNEHA K P	180030261
27 BHAVYA, A, S	180030236
28 GOPIKA G	180030243
29 SAHLA SHAHNAS.C	180030258
30 ASWATHY K	180030234
31 AKSHAYA, K. P	180030224
32 FATHIMA FARHANA, C	180030241
33 AKHILA REMESH	180030222

Principals
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34 AFRA S	180030219
35 SREYA UNNI C	180030263
36 CHIPPY JOSEPH	180030238
37 MIDHILA SAJEEV A	180030250
38 ROSHNA ABDUL SALAM	180030256
39 HEREENA MARIA MORRIS	180030246
40 VISMAYA P	180030267
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51 MOHAMMED FAYIS. K. K	180030271
52 SANDRA P	180030275
53 SREELAKSHMI SUJAN	180030276
54 NAHILA FATHIMA	180030272
55 FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
57 CHINMAY K	180030269
58 NITHYA.B. S	180030273



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Effective Time Management for Ayurveda Students

Essential for students to succeed academically and maintain a healthy work life balance

11/03/22 2.00-4.00 PM

Venue: Seminar hall

Speaker

Dr. Nithin V.

Associate Professor
Department of Panchikarma
KMCT Ayurveda Medical College



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ACADEMIC YEAR 2021-22

LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

ACTIVITY REPORT

Venue: Zoom

Webinar Speaker: Dr. Adarsh EK

Date: 21-6-21

No of participants: 53

SUMMARY

As part of communication skill development program, a webinar on "NEED OF DOCTOR PATIENTS COMMUNICATION " was conducted by Dr Adarsh EK Purushothaman for students of the academic year 2021-22 On 21-6-21. In his talk Dr Adarsh EK Explained about how to regulate patient emotions aids in the comprehension of medical information and allow for improved identification of patients need perception and expectation.



Adarsh
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1 CHAITHANYA V A	200030681
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3 SIMRIN F	200030710
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5 ALAN SURYA A	200030667
6 GAYATHRI PRASANTH	200030689
7 DIYA DAS K	200030684
8 SAYANA LAL	200030708
9 AHILA NCUSHAD	200030665
10 ARDRA K	200030679
11 VISMAYA VISWANATH	200030716
12 SOORYA A	200030712
13 VIDYASREE K	200030715
14 JYOTHIKA B C	200030697
15 JENIKA C G	200030696
16 ANISHMA S PRASAD	200030672
17 KAVYA. V	200030699
18 ANEENA JOY	200030670
19 K G ANUPAMA KRISHNAN	200030700
20 ANJU. V.P	200030673
21 KAVYA MADHAVAN	200030698
22 HRIDYA E	200030694
23 NIVEDITHA K M	200030704
24 SHEHINA FADUSHA	200030709
25 DEVIKA V	200030682
26 LEKSHMI L	200030701
27 PARVATHY M DEV	200030705
28 A B AJMIN	200030663
29 MEGHA MOHAN	200030702
30 DHANASREE U S	200030683
31 ANEETTA JACOB	200030671





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33 ANUPAMA. T	200030675
34 SREEVANI. E. S	200030714
35 ANUSREE. P	200030677
36 SAJEENA. J	200030707
37 ALISHA JIMMY	200030669
38 HARSHA MUHAMMED M R	200030692
39 INDHU. R	200030695
40 ELITE TESS LONAPPAN	200030685
41 AYSWARYA P C	200030680
42 FATHIMA SAFA. N	200030687
43 GAYATHRI V P	200030690
44 RADHIKA K R	200030706
45 FEBINA SHEREEN	200030688
46 ANUSHA. K	200030676
47 FATHIMA JUMANA JEBIN K	200030686
48 HILDA. P. P	200030693
49 SONA P J	200030711
50 NADIYA SAINU	200030703
51 ALBINA JOHNSON	200030668
52 SREEKUTTY R	200030713
53 GOKUL KRISHNA V R	200030691



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NEED OF DOCTOR-PATIENT COMMUNICATION

Help regulate patients emotions, aids in the comprehension of medical information and allow for improved identification of patients need, perception and expectations

21TH JUNE 2021 | 9AM-10AM

VENUE: Online class(zoom)

Speaker

Dr. Adarsh E. K.

HOD, Department of Panchakarma



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International Yoga Day- June 21 st 2021

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks on 'EFFECTIVE MANAGEMENT WITH YOGA IN POST COVID COMPLICATION' by Dr. Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.



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3 AYTSHA FEMINA T K	170030204
4 SHERIN ABDU PANCHARA	170030240
5 MUREEN FATHIMA	170030225
6 NADA	170030229
7 MURSHEDA, C. P	170030227
8 FIDHA FATHIMA S. Y	170030213
9 RASHA, T	170030232
10 GREENA G S	170030215
11 SHAIQA SHAMSUDHIN	170030289
12 ASHITHA A.P	170030201
13 MUNSINA, M. T	170030226
14 SHONIMA C	170030241
15 ARYADAS, K. K	170030200
16 SURIYA, K S	170030247
17 RIYA, K. M	170030295
18 JITHIN DAS K R	170030221
19 FANI RASMA, B	170030209
20 NIDA MAJIED	170030231
21 DEVAPRIYA T V	170030207
22 SMRITHI T R	170030243
23 SMRITHI K.	170030242
24 SUMAYYA	170030246
25 VIDYA K S	170030248
26 ABATHI OMANAKUTTAN	170030198
27 REVATHI T M	170030234
28 MURSHEDA IRFANA K	170030220
29 SAHLA SHAMEER, T. P	170030237
30 AFEefa K.A.	170030194
31 SALSABEELA C.V	170030236
32 MINA BASHEER, K. C	170030274
33 ASWATHY CATHERINE P T	170030202
34 JUY, P	170030220
35 V VISHAL MOORTHY	170030249
36 REISHA MARIA RAJU	170030297
37 K SHREELAKSHI SANKARANLUTTY	170030250
38 MEGHA KRISHNAN	170030223
39 ASHNA RAHMAN	170030253
40 ATHIRA BILU	170030288





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ACADEMIC YEAR 2021-22

ANALYTICAL SKILL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: Seminar Hall

No of participants: 58

Date:08/12/21

SUMMARY

A Seminar on case history recording and formulation of diagnosis was conducted by DR.SARATH BABU.this program aims in Establishing a positive professional relationship, aids the clinical in making decisions concerning the treatment of the patients. This program gave the undergraduates a good opportunity in utilisation of their analytical skill for their future carrier.



Sarath Babu
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13 CHAITHRA T	180030237
14 HIDA PARVEEN K C	180030248
15 THEERTHA K V	180030265
16 SYAMA S NATH	180030264
17 AJANYA ARAVIND	180030221
18 ANU YOHANAN	180030225
19 SARAH YOUSAFFALI	180030260
20 ADITHYA RAJ	180030218
21 ASWATHI V SATHEESH	180030233
22 AISWARYA BHASKARAN	180030220
23 NAHALA NALAKATH	180030251
24 HAFNA	180030244
25 RESHMA A R	180030255
26 SNEHA K P	180030261
27 BHAVYA. A. S	180030236
28 GOPIKA G	180030243
29 SAHLA SHAHNAS.C	180030258
30 ASWATHY K	180030234
31 AKSHAYA, K. P	180030224
32 FATHIMA FARHANA .C	180030241
33 AKHILA REMESH	180030222



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Case history recording and formulation of diagnosis

Establish a positive professional relationship. Aids the clinician in making decisions concerning the treatment of the patient.

08/12/21 2 PM-4 PM

Venue: Seminar Hall

Speaker

Dr. Sarath Babu

HOD, Department of Roganidana
KMCT Ayurveda Medical College



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ACADEMIC YEAR 2021-22

HUMAN VALUE DEVELOPMENT

Activity Report

Venue: conference hall
Speaker: Dr. vinoetha

Date: 2.12.21
No participants: 53

SUMMARY

A program on Professionalism and Ethics development was conducted on 2.12.21 in seminar hall. The resource person was Dr vinoetha the speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program



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31 ANEETTA JACOB	200030671



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Professionalism and ethics development

Reflection on professional responsibility that is carried out collectively and systematically by the membership of a profession

02/12/21 2 PM-4 PM

Venue: Seminar hall

Speaker

Dr. Vineetha

Associate professor

Department of kayachikitsa,

KMCT Ayurveda Medical College



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Vineetha
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ACADEMIC YEAR 2021-22

PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: conference hall

Date: 14.3.22

Webinar Speaker: Dr. Rajeesh Nelamana

No of participants:45

SUMMARY

A Seminar on "STRESS MANAGEMENT" was organized. The resource person was Dr. Binu Purushothaman. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills



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8 FIDHA FATHIMA S. Y	170030213
9 RASHA. T	170030232
10 GREENA G S	170030215
11 SHAIFA SHAMSUDHIN	170030239
12 ASHITHA A. P	170030205
13 MUHSINA. M. T	170030226
14 SHORIMA C	170030241
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16 SURYA. K S	170030247
17 RIYA. K. M	170030235
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19 FAMI RASMA. B	170030209
20 NIDA MAJEED	170030211
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29 SARLA SHAMEER. T. P	170030217
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31 SALSABEELA. C. V	170030238
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33 ASWATHY CATHERINE P T	170030202
34 JUY. P	170030220
35 V VISHAL MOORTHY	170030249
36 ALISHA MARIA RAJU	170030197
37 K SHREELAXMI SANKARANLUTTY	170030250
38 MEGHA KRISHNAN	170030223
39 ASHNA RAHMAN	170030251





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40 ATHIRA BIJU	170030193
41 ATHIRA D	170030203
42 AYSHA PARVEEN	170030205
43 FEBINA GAFOOR	170030212
44 FATHIMA RAHANA P T	170030210
45 JASIR AHMED R	170030218



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Stress management

Range of ways to help you
better deal with stress and
difficulty

14/03/22 2 PM-4 PM

Venue: Conference hall

Speaker

Dr. Rajesh

Neelamana
Senior medical officer



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ACADEMIC YEAR 2021-22

EMPLOYABILITY SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Seminar hall
Speaker: Dr. Vivek. k

Date: 12.1.22
Students attended :53

SUMMARY

An introductory class on "MARKETING IN AYURVEDIC PRACTICE" was conducted by Dr. VIVEK. K for student's of 2020 batch. The program gave a good knowledge and helps in incorporating striking visuals with your marketing strategies can significantly amplify interest and engagement with your ayurveda business



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Anshu
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Marketing in Ayurvedic practice

Incorporating striking visuals into your marketing strategy can significantly amplify interest and engagement with your ayurveda business

12/01/22 2.00-4.00 PM

Venue: Seminar hall

Speaker

Dr. Vivek K.

Assistant professor
 Department of Agada tantra,
 KMCT Ayurveda Medical College



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ACADEMIC YEAR 2021-22

EMPLOYABILITY SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Seminar hall
Speaker: Dr. Najeeb to

Date: 9.2.22
Students attended : 58

SUMMARY

An introductory class on "EMERGENCY MANAGEMENT IN AYURVEDA" was conducted by Dr. NAJEEB T.K for student's of 2018 batch. The program gave a good knowledge and primarily focuses on stabilizing the patient's condition using natural methods and herbal remedies aiming for holistic recovery and prevention of further complication



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22. AISWARYA BHASKARAN	180030220
23. NAHALA NALAKATH	180030251
24. HAFNA	180030244
25. RESHMA A R	180030255
26. SNEHA K P	180030261
27. BHAVYA, A, S	180030236
28. GOPIKA G	180030243
29. SAHILA SHAHNAS. C	180030258
30. ASWATHY K	180030234
31. AKSHAYA, K. P	180030224
32. FATHIMA FARHANA, C	180030241
33. AKHILA REMESH	180030222



Handwritten signature and date: 18/03/2024



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34 AFRA S	180030219
35 SREYA UNNI C	180030263
36 CHIPPY JOSEPH	180030238
37 MIDHILA SAJEEV A	180030250
38 ROSHNA ABDUL SALAM	180030256
39 HEREENA MARIA MORRIS	180030246
40 VISMAYA P	180030267
41 ARDRA. T. P	180030228
42 ASHLEY SHAJI	180030232
43 APARNA C DAS	180030226
44 FASEELA USMAN	180030240
45 ASHIN V S	180030231
46 SABIRA RASHEED	180030257
47 RAKENDU A	180030254
48 ABUN V S	180030217
49 HARSHA V G	180030245
50 NAZRIN T	180030252
51 MOHAMMED FAYIS. K. K	180030271
52 SANDRA P	180030275
53 SREELAKSHMI SUJAN	180030276
54 NAHILA FATHIMA	180030272
55 FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
57 CHINMAY K	180030269
58 NITHYA. B. S	180030273



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Emergency management in ayurveda

Primarily focuses on stabilizing the patient's condition using natural methods and herbal remedies. Aiming for holistic recovery and prevention of further complications.

09/02/22 2 PM-4 PM

Venue: Seminar hall

Speaker

Dr. Najeeb T. K.

Associate Professor
Department of shalyatantra,
KMCT Ayurveda Medical College



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Dr. Najeeb T. K.
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ACADEMIC YEAR 2020-21



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ACADEMIC YEAR 2020-21

SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Zoom

Date:8-9-20

Webinar Speaker: Dr. Arathi V

No of participants: 53

SUMMARY

A Webinar on "EFFECTIVE TIME MANAGEMENT FOR AYURVEDA STUDENTS" was organized. The resource person was Dr. Arathi V. The speaker addressed the gathering about Establishing goals that are both challenging and achievable and aligning them with your priorities.



Arathi V
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LIST OF STUDENTS ENROLLED

1 CHAITHANYA V A	200030681
2 ARDRA BHARATH	200030678
3 SIMRIN P	200030710
4 ANUJA MOL J	200030674
5 ALAN SURYA A	200030667
6 GAYATHRI PRASANTH	200030689
7 DIYA DAS K	200030684
8 SAYANA LAL	200030708
9 AHILA NOUSHAD	200030665
10 ARDRA K	200030679
11 VISMAYA VISWANATH	200030716
12 SOORYA A	200030712
13 VIDYASREE K	200030715
14 JYOTHIKA B C	200030697
15 JENIKA C G	200030696
16 ANISHMA S PRASAD	200030672
17 KAVYA V	200030699
18 ANEENA JOY	200030670
19 K G ANUPAMA KRISHNAN	200030700
20 ANJU. V.P	200030673
21 KAVYA MADHAVAN	200030698
22 HRIDYA E	200030694
23 NIVEDITHA K M	200030704
24 SHEHINA FADUSHA	200030709
25 DEVIKA V	200030682
26 LEKSHMI L	200030701
27 PARVATHY M DEV	200030705
28 A B AJMIN	200030663
29 MEGHA MOHAN	200030702
30 DHANASREE U S	200030683
31 ANEETTA JACOB	200030671
32 AISWARYA A	200030666
33 ANUPAMA, T	200030675
34 SREEVANI, E. S	200030714
35 ANUSREE, P	200030677

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36 SAJEENA, J	200030707
37 ALISHA JIMMY	200030669
38 HARSHA MUHAMMED M R	200030692
39 INDHU. R	200030695
40 ELITE TESS LONAPPAN	200030685
41 AYSWARYA P C	200030680
42 FATHIMA SAFA. N	200030687
43 GAYATHRI V P	200030690
44 RADHIKA K R	200030706
45 FEBINA SHEREEN	200030688
46 ANUSHA. K	200030676
47 FATHIMA JUMANA JEBIN K	200030686
48 HILDA.P. P	200030693
49 SONA P J	200030711
50 NADIYA SAINU	200030703
51 ALBINA JOHNSON	200030668
52 SREEKUTTY R	200030713
53 GOKUL KRISHNA V R	200030691



Arin

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Effective time management for ayurveda students

Establishing goals that are both challenging and achievable and aligning them with your priorities

08/09/20

Online (zoom)

Speaker

Dr. Arathi V.

Associate professor,
KMCT Ayurveda Medical College



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Arathi V.

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ACADEMIC YEAR 2020-21

LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT
ACTIVITY REPORT

Venue: zoom
Webinar Speaker: Dr. Mridula j

Date: 25-8-20
No of participants:50

SUMMARY

As part of communication skill development program, a webinar on "Communication gap between doctors" was conducted by Dr Mridula j for students of the academic year 2021-22. In his talk Dr Mridula j stressed about the importance and benefits of communication between doctor engaging in healthier behaviors.

Chobro



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LIST OF STUDENTS ENROLLED

1 SAYANI A S	160030203
2 RASHA ZOHRA ABDUL GAFOOR	160030205
3 SAHILA P C	160030209
4 BUSHNA	160030209
5 NASHY KURSHID	160030210
6 NEHILA N K	160030222
7 AZHRA K	160030243
8 ANITHA C LI	160030202
9 FAGNA BINDIYA R M	160030211
10 AYSHA SHAHMA	160030207
11 YASMIN K C (160030243
12 HRIDHYA THELAKAN	160030215
13 RIJKSANA PE	160030227
14 HANAM HANZA	160030213
15 FAVINE ZACKARIYA	160030210
16 THASNEEM	160030239
17 AKSHARA E	160030198
18 MEGHA PELAJ	160030217
19 GOPIKA T PAN CHER	160030212
20 V BEZVARA RAZAK	160030240
21 AKHILA JAYATI ILAKKAN	160030196
22 AMU RAHNA K FI	160030204
23 SANIYA SAID	160030232
24 NAYANA M	160030223
25 NERANJANA K	160030224
26 BAVANA GOPNATH	160030208
27 ALFIA ARSHAD	160030200
28 SACHIN A M	160030228
29 AHALYA SURESH A	160030195
30 SUMAYYA NAJAR	160030227
31 MEHNAZ NOUSHAD	160030219
32 AKSHAY K	160030193
33 ABIN JOHNY	160030194
34 ANAVADHYA J PRAKASHI	160030201
35 AKHILA REMAMAN	160030187
36 ARYA KRISHNAN	160030205
37 PANCHAMI RAJESH	160030225
38 SAI MANDANA, M.C	160030230
39 SUNEESH V S	160030238
40 SHARMA N	160030234
41 AYESHA C	160030106
42 SREEPARVATHI, K S	160030136
43 SOURAV N MOHAM	160030135
44 MEHNAS AHAMMED P	160030118

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45 MANJUKALA, G. K	160030216
46 NIMISHA P	160030223
47 SAJIDHA BABY	160030231
48 ABHIRAMI RADHAKRISHNAN	160030193
49 HARSHIDA	160030214
50 ANITTA JETTO	160030203

Lakshmi

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Communication gap between doctors

Importance and benefits of good communication, engage in healthier behaviours

25/08/20

Online (zoom)

Speaker

Dr. Mridula J.

Assistant professor,
KMCT Ayurveda Medical College



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Dr. Mridula
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Yoga For Wellness- December 07 2020

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks On 'UNWIND AND REJUVINATE; YOGA FOR WELLNESS' by Dr. Nayana TM, Yoga Teacher. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.

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LIST OF STUDENTS ENROLLED

APARNA U	180030227
2 IRFANA C	180030249
3 HIDA RAZAK	180030247
4 FATHIMA SHAWA, E	180030242
5 SREE LAKSHMI P	180030262
6 AYSHA SHAFNA K	180030235
7 ARUNIMA K	180030229
8 NIDA RAZAK	180030253
9 UMERKA LIMBKISHNAN	180030266
10 ARYALAKSHMY WILSON	180030230
11 SANDRA C G	180030259
12 DIVYAPRIYA M P	180030239
13 CHAITHRA T	180030237
14 HIDA PARVEEN K C	180030248
15 THEERTHA K V	180030265
16 SYAMA S NATH	180030264
17 AJANIYA ARAVIND	180030221
18 AMU YOHANAN	180030225
19 SARAH YOUSAFFALI	180030260
20 ADITHYA RAI	180030218
21 ASWATHI V SATHEESH	180030233
22 AJSWARYA BHASKARAN	180030220
23 NAHALA NALAKATH	180030251
24 HAFNA	180030244
25 RESHMA A B	180030255
26 SNEHA K P	180030262
27 BHAYYA, A S	180030231
28 GOPIKA G	180030243
29 SAHJA SHAHMAS C	180030258
30 ASWATHY K	180030234
31 AKSHAYA, K P	180030224





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32 FATHIMA FARHANA, C	180030241
33 AKHILA REMESH	180030222
34 AFRA S	180030219
35 SREYA UNNI C	180030263
36 CHIPPY JOSEPH	180030238
37 MIDHILA SAJEEV A	180030250
38 ROGHNA ABDUL SALAM	180030256
39 HEREENA MARIA MORRIS	180030246
40 VISMAYA P	180030267
41 ARDRA, T. P	180030228
42 ASHLEY SHAJI	180030232
43 APARNA C DAS	180030226
44 FASEELA USMAN	180030240
45 ASHIN V S	180030231
46 SABIRA RASHEED	180030257
47 RAKENDU A	180030254
48 ABUN V S	180030217
49 HARSHA V G	180030245
50 NAZRIN T	180030252
51 MOHAMMED FAYIS, K.K	180030271
52 SANDRA P	180030275
53 SREELAKSHMI SUJAN	180030276
54 NAHILA FATHIMA	180030272
55 FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
57 CHINMAY K	180030269
58 NITHYA, B.S	180030273



Signature

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Unwind and rejuvenate: **yoga for wellness event**

Therapeutic benefits of yoga for managing
chronic pain, improving flexibility and mobility

07/12/20

Online (zoom)

Speaks

Ms. Nayana

Yoga teacher

KMCT Ayurveda Medical College



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ACADEMIC YEAR 2020-21

ANALYTICAL SKILL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: zoom
No of participants: 45

Speaker: Dr. Adarsh EK
Date:06/01/21

SUMMARY

Knowledge and skills to identify anatomical structures and pathologies
In radiographs. This program gave the undergraduates a good
Opportunities utilisation of their analytical skill for their future carrier.



Adarsh
PRINCIPAL
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LIST OF STUDENTS ENROLLED

1 MAHIMA S S	170030222
2 FATHIMA RINSHA	170030211
3 AYESHA FEMINA T K	170030204
4 SHERIN ABU PANCHARA	170030240
5 MIZREEN FATHIMA	170030225
6 NADA	170030229
7 MURSHIDA, C P	170030227
8 FIDHA FATHIMA S, Y	170030213
9 RASHA, T	170030232
10 GREENA G S	170030215
11 SHAIFA SHARFUDHIN	170030239
12 ASHITHA A, P	170030201
13 MELHINA, M, T	170030226
14 SHONIMA C	170030241
15 ARYADAS, K, K	170030200
16 SURYA, E S	170030247
17 RIYA, K, M	170030235
18 ITHIN DAS K R	170030221
19 FAMI RASMA, B	170030209
20 NIDA MAJEED	170030211
21 DEVAPRIYA T V	170030207
22 SMRITHI T R	170030243
23 SMRITHI K	170030242
24 SUBAIIYA	170030246
25 VIDYA K S	170030248
26 ARATHI OMANARUTTAN	170030258
27 REVATHY T M	170030234
28 MURSHIDA IRFANA F	170030228
29 SAHILA SHAMEER, T, P	170030237
30 APEEFA, E, A	170030254
31 SALSABEELA, C, V	170030238
32 MINA BASHEER, K, C	170030224
33 ASWATHY CATHERINE P T	170030202
34 JIY, P	170030220
35 V VISHAL MOORTHY	170030249
36 ALISHA MARIA RAJU	170030257
37 K SHREELAKMI SANKRANKUTTY	170030250
38 MEGHA KRISHMAN	170030223
39 ASHRA RAHMAN	170030251
40 ATHIRA SUU	170030255
41 ATHIRA D	170030253



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42 AYSHA PARVEEN	170030205
43 FEBINA GAFOOR	170030212
44 FATHIMA RAHANA P T	170030210
45 JASIR AHMED R	170030218



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Improving radiographic interpretation skills

Knowledge and skills to identify anatomical structures and pathologies in radiographs

06/01/21

Online (zoom)

Speaker

Dr. Adarsh E. K.

HOD, Department of Panchakarma,
 KMCT Ayurveda Medical College



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ACADEMIC YEAR 2020-21
HUMAN VALUE DEVELOPMENT
Activity Report

Venue: Zoom
Speaker: Dr. Vivek. k

Date: 19.1.21
No of participants: 58

SUMMARY

A program on LEGAL ESSENTIALS FOR DOCTORS was conducted on 19.1.21 through zoom. The resource person was Vivek. k. The speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program



Wgmm

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LIST OF STUDENTS ENROLLED

1 APARNA U	180030227
2 IRFANA C	180030249
3 HIBA RAZAK	180030247
4 FATHIMA SHANA.K	180030242
5 SREE LKSHMI P	180030262
6 AYSHA SHAFNA K	180030235
7 ARUNIMA K	180030229
8 NIDA RAZAK	180030253
9 UMEKHA UNNIKRIISHNAN	180030266
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11 SANDRA C G	180030259
12 DEVAPRIYA M P	180030239
13 CHAITHRA T	180030237
14 HIDA PARVEEN K C	180030248
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18 ANU YOHANAN	180030225
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27 BHAVYA. A. S	180030236
28 GOPIKA G	180030243
29 SAHLA SHAHNAS.C	180030258
30 ASWATHY K	180030234
31 AKSHAYA. K. P	180030224
32 FATHIMA FARHANA .C	180030241



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44 FASEELA USMAN	180030240
45 ASHIN V S	180030231
46 SABIRA RASHEED	180030257
47 RAKENDU A	180030254
48 ABUN V S	180030217
49 HARSHA V G	180030245
50 NAZRIN T	180030252
51 MOHAMMED FAYIS. K. K	180030271
52 SANDRA P	180030275
53 SREELAKSHMI SUJAN	180030276
54 NAHILA FATHIMA	180030272
55 FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
57 CHINMAY K	180030269
58 NITHYA. B. S	180030273



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Legal Essentials for Doctors

Main legal aspects of healthcare related to medical negligence, confidentiality and informed consent

19/01/21
Online (zoom)

Speaker

Dr. Vivek K.

Assistant professor,
Department of Agada tantra,
KMCT Ayurveda Medical College



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ACADEMIC YEAR 2020-21

PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: Zoom
Webinar Speaker: Dr. Jasir Ahamed

Date: 12.3.21
No of participants:50

SUMMARY

A webinar on 'thriving in your career; ENHANCING PERSONALITY AND PROFESSIONAL SKILL' was organized. The resource person was Dr. Dr. Jasir Ahamed. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills



Jasir Ahamed
PRINCIPAL
K.M.C.T. AYURVEDA
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LIST OF STUDENTS ENROLLED

1	SRUITHI SAMED	150031064
2	SUHAILA LATHEEF. E	150031065
3	ROSHNA JAFFAR	150031056
4	ASHRA N	150031027
5	SWETHA SAKANANDAN	150031066
6	FASNA THENGILAKATH	150031035
7	LIDA TREESA LALLU	150031042
8	MUHASINA N	150031045
9	V P THAROOJA	150031068
10	NIDHA KARIEM. C.P	150031048
11	NIYA JOY	150031055
12	ASHA L PAPPAN	150031026
13	ATHULYA. T. V	150031034
14	ANRISHA V	150031023
15	ATHIRA. P. A	150031053
16	KADEEJA MADOYYA	150031040
17	NIDHI MOHAN	150031049
18	RAIBA. K	150031052
19	AKSHAYA. C. K	150031032
20	HASNA ZAIRUDDIN. M	150031036
21	REMYA. A. S	150031054
22	ASWATHY LTHAMAN	150031032
23	ASWATHI KRISHNA	150031033
24	SREELAKSHMI. G. S	150031063
25	NIFINA NAVASHAD	150031050
26	ARCHANA. K. P	150031024
27	PARVATHY NAYANA P.P	150031051
28	JAHANA NASRIN M	150031037
29	KATHU M. DEVI	150031041
30	SREELAKSHMI. T. S	150031063
31	SHAHANAS K	150031058
32	ASMA THASNI	150031028
33	YOUNUS. P. P	150031070
34	JURINA JAFAR	150031038
35	SANDRA PRAKASH S	150031058
36	ABHISHEK K V	150031021
37	SREELAKSHMI. N. S	150031062
38	NAVYA. C	150031047
39	VISMAYA K S	150031067
40	ARUNITH. K	150031025
41	MARIYAM NAHADYA C N	150031043



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42 VYSHNAVI. M. S	150031069
43 ASWANI V	150031029
44 SHERHANA. V.S	150031060
45 RANJANA JANARDHANAN. T	150031053
46 KADEEJA CHANGARANCHOLA	150031039
47 SALEEKA ABDUSSAMAD	150031057
48 MOHSINA	150031044
49 NAMITHA. P	150031046
50 ASWATHI. K	150031030



Dr. Anitha
K.M.C.T. AYURVEDA
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Thriving in your career : enhancing personality and professional skill

Create a personal growth and
professional development plan

12/03/21

Online (zoom)

Speaker

Dr. Jasir Ahmed

Medical officer

(Marmaspecialist)



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Dr. Jasir Ahmed
PRINCIPAL
K.M.C.T. AYURVEDA
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ACADEMIC YEAR 2020.21

EMPLOYABILITY SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Zoom
Speaker: Dr. Praveen

Date: 22.3.21
Students attended: 57

SUMMARY

An introductory class on "BOOSTING EMPLOYABILITY; ESSENTIAL SKILL DEVELOPMENT IN AYURVEDA" was conducted by Dr. PRAVEEN for 2018 Batch. The program gave a good knowledge about dosha, pulse diagnosis, herbal knowledge, yoga and pranayama.



L. Anshu
PRINCIPAL
K.M.C.T. AYURVEDA
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LIST OF STUDENTS ENROLLED

1 LAPARNA U	180030227
2 IRFANA C	180030249
3 HIBA RAZAK	180030247
4 FATHIMA SHANA.K	180030242
5 SREE LKSHMI P	180030262
6 AYSHA SHAFNA K	180030235
7 ARUNIMA K	180030229
8 NIDA RAZAK	180030253
9 UMEKHA UNNIKRISHNAN	180030266
10 ARYALAKSHMY WILSON	180030230
11 SANDRA C G	180030259
12 DEVAPRIYA M P	180030239
13 CHAITHRA T	180030237
14 HIDA PARVEEN K C	180030248
15 THEERTHA K V	180030265
16 SYAMA S NATH	180030264
17 AJANYA ARAVIND	180030221
18 ANU YOHANAN	180030225
19 SARAH YOUSAFFALI	180030260
20 ADITHYA RAJ	180030218
21 ASWATHI V SATHEESH	180030233
22 AISWARYA BHASKARAN	180030220
23 NAHALA NALAKATH	180030251
24 HAFNA	180030244
25 RESHMA A R	180030255
26 SNEHA K P	180030261
27 BHAVYA, A. S	180030236
28 GOPIKA G	180030243
29 SAHLA SHAHNAS.C	180030258
30 ASWATHY K	180030234
31 AKSHAYA, K. P	180030224
32 FATHIMA FARHANA, C	180030241
33 AKHILA REMESH	180030222
34 AFRA S	180030219



2023-24
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35 SREYA UNNI C	180030263
36 CHIPPY JOSEPH	180030238
37 MIDHILA SAJEEV A	180030250
38 ROSHNA ABDUL SALAM	180030256
39 HEREENA MARIA MORRIS	180030246
40 VISMAYA P	180030267
41 ARDRA, T. P	180030228
42 ASHLEY SHAJI	180030232
43 APARNA C DAS	180030226
44 FASEELA USMAN	180030240
45 ASHIN V S	180030231
46 SABIRA RASHEED	180030257
47 RAKENDU A	180030254
48 ABUN V S	180030217
49 HARSHA V G	180030245
50 NAZRIN T	180030252
51 MOHAMMED FAYIS, K. K	180030271
52 SANDRA P	180030275
53 SREELAKSHMI SUJAN	180030276
54 NAHILA FATHIMA	180030272
55 FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
57 CHINMAY K	180030269



Chinmay
Principal
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Boosting employability: essential skill development in ayurveda

Knowledge of Dosha, pulse diagnosis,
herbal knowledge, yoga and pranayama

22/03/21

Online (zoom)

Speaker

Dr. Praveen

Medical officer



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ACADEMIC YEAR
2019-20

PRINCIPAL
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ACADEMIC YEAR 2019-20

SOFT SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: Conference hall

Seminar Speaker: Dr. Subhasree GH

Date:5-8-19

No of participants: 50

SUMMARY

A Seminar on "ENTREPRENEUR SKILLS IN AYURVEDA " was organized. The resource person was Dr.: **Dr. Subhasree GH**. The speaker addressed the gathering about Market Research Product Development, Branding and Marketing, Distribution and Sales.



Dr. Subhasree GH
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LIST OF STUDENTS ENROLLED

1 SRUTHI SAMED	150031064
2 SUHAJLA LATHEEF. K	150031065
3 ROSHNA JAFFAR	150031056
4 ASHIKA N	150031027
5 SWETHA SADANANDAN	150031056
6 FASNA THENGILAKATH	150031035
7 LIDA TREESA LALU	150031042
8 MUHASINA. N	150031045
9 V P THANOOJA	150031068
10 MIDHA KAREEM. C.P	150031048
11 RIYA JOY	150031055
12 ASHA I PAPPAN	150031025
13 ATHULYA. T. V	150031034
14 ANJUSHA V	150031023
15 ATHIRA. P. A	150031033
16 KADEEJA NADIYYA	150031040
17 NIDHI MOHAN	150031049
18 RAJBA. K	150031052
19 AKSHAYA. C. K	150031022
20 HASNA ZAINUDDIN .M	150031036
21 REMYA. A. S	150031054
22 ASWATHY UTHAMAN	150031032
23 ASWATHI KRISHNA	150031031
24 SREELAKSHMI.G. S	150031061
25 NIFINA NAVASHAD	150031050
26 ARCHANA.K. P	150031024
27 PARVATHY NAYANA P P	150031051
28 JAHANA NASRIN M	150031037
29 KATHU M. DEVI	150031041
30 SREELAKSHMI. T. S	150031063
31 SHAHANAS K	150031059
32 ASMA THASNI	150031028
33 YOONUS. P. P	150031070



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34 JUMNA JAFAR	150031038
35 SANDRA PRAKASH S	150031058
36 ABHISHEK K V	150031021
37 SREELAKSHMI. N. S	150031062
38 NAVYA. C	150031047
39 VISMAYA K S	150031067
40 ARUNITH. K	150031025
41 MARIYAM NAHADIYA C N	150031043
42 VYSHNAVI. M. S	150031069
43 ASWANI V	150031029
44 SHERHANA. V.S	150031060
45 RANJANA JANARDHANAN. T	150031053
46 KADEEJA CHANGARANCHOLA	150031039
47 SALEEKA ABDUSSAMAD	150031057
48 MOHSINA	150031044
49 NAMITHA. P	150031046
50 ASWATHI. K	150031030



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ENTREPRENEUR SKILLS IN AYURVEDA

Mix of research, product development, branding and marketing, dissemination

05 AUGUST 2018 2-PM TO 4-PM

Conference hall **Venue**

Speaker
Dr. SUBHASREE G.H.
HOD, Department of Agada tantra KMCT
Ayurveda Medical College

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ACADEMIC YEAR 2019-20

LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT

ACTIVITY REPORT

Venue: zoom

Date: 16-9-19

Webinar Speaker: Dr. Binu Purushothaman

No of participants: 58

SUMMARY

As part of communication skill development program, a webinar on "mastering language and Communication skills for success" was conducted by Dr Binu Purushothaman for students of the academic year 2019-20 on 16-9-19. In his talk Dr Binu stressed about the effective ideas and conveying skills, speaking skills, and writing skills.



Binu Purushothaman
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4	FATHIMA SHAMA K	180030247
5	SREE LAKSHMI P	180030262
6	AYSHA SHAFNA E	180030235
7	ARUMBA K	180030229
8	NIDA RAZAK	180030253
9	UMERKA UMKORSHAN	180030266
10	ARIYALAKSHMI WILSON	180030230
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13	CHAITRA T	180030237
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24	HAFNA	180030244
25	RESHMA A R	180030235
26	SNEHA K P	180030261
27	BHAVYA A S	180030236
28	GOPKA G	180030243
29	SAHRA SHAHNAS C	180030258
30	ASWATHY K	180030234
31	AKSHAYA K P	180030224
32	FATHIMA FARHANA C	180030241
33	AKHILA REMESH	180030222
34	AFRA S	180030219
35	SREYA UNNI C	180030263
36	CHIPPY JOSEPH	180030238
37	MISHHA SAJEEV A	180030250
38	ROSHNA ABDUL SALAM	180030256
39	HEREENA MARIA MORRIS	180030246
40	VISMAYA P	180030267
41	ANDRA T P	180030228
42	ASHLEY SHAR	180030232



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44 FASEELA USMAN	180030240
45 ASHIN V S	180030231
46 SABIRA RASHEED	180030257
47 RAKENDU A	180030254
48 ABUN V S	180030217
49 HARSHA V G	180030245
50 NAZRIN T	180030252
51 MOHAMMED FAYIS. K. K	180030271
52 SANDRA P	180030275
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54 NAHILA FATHIMA	180030272
55 FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
57 CHINMAY K	180030269
58 NITHYA.B. S	180030273



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Mastering language and communication skills for success

Effective ideas and conveying skills, speaking skills and writing skills

16 September 2018

Online (zoom)

Speaker

Dr. BINU PURUSHOTHAMAN

(Inhouse faculty)



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Binu Purushothaman
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Yoga And Holistic Healing- November 27 2019

The National Service Scheme of KMCT Ayurveda Medical College celebrated Yoga Day by organising a awareness talks On 'JOURNEY TO INNER PEACE ;YOGA AND HOLISTIC HEALING 'by Ms.ARATHI,Ms.REKHA,Ms.ASWATHI. PRIVATE YOGA INSTRUCTORS. The talk enlightened the students by understanding the importance of yoga in the present scenario's programme was inaugurated by Principal Dr Subhasree.G.H followed by felicitation address from other HODs and NSS programme officer.

Arathi



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MEDICAL COLLEGE





LIST OF STUDENTS ENROLLED

1 SAYAND A S	160030233
2 RASHA ZEHRA ABDUL GAFOOR	160030226
3 SAHLA P C	160030229
4 BUSHINA	160030209
5 NASNY KURSHID	160030220
6 NIKHILA N K	160030222
7 ATHIRA K	160030242
8 ANITHA C U	160030202
9 FASINA BINDIYA R M	160030211
10 AYSHA SHAHNA	160030207
11 YASMIN K C	160030241
12 HRIDHYA THILAKAN	160030215
13 RUKSANA PK	160030227
14 HANAN HAMZA	160030213
15 FAMINE ZACKARIYA	160030210
16 THASNEEM	160030239
17 AKSHARA E	160030198
18 MEGHA PILLAI	160030217
19 GOPIKA T PANICKER	160030212
20 V REZVANA RAZAK	160030240
21 AKHILA JAYATHILAKAN	160030196
22 ANJU RAHNA K H	160030204
23 SANIYA SAID	160030232
24 NAYANA. M	160030221
25 NIRANJANA K	160030224
26 BAVANA GOPINATH	160030208
27 ALFIA ARSHAD	160030200
28 SACHIN A.M	160030228
29 ANALYA SURESH A	160030195
30 SUMAYYA NAZAR	160030237



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31 MEHNAZ NOUSHAD	160030219
32 AKSHAY. K	160030199
33 ABIN JOHNY	160030194
34 ANAVADHYA J PRAKASH	160030201
35 AKHILA REMANAN	160030197
36 ARYA KRISHNAN	160030205
37 PANCHAMI RAJEEV	160030225
38 SAI NANDANA. M.C	160030230
39 SUNEESH. V. S	160030238
40 SHAHMA. N	160030234
41 AYISHA. C	160030206
42 SREEPARVATHI. K S	160030236
43 SOURAV N MOHAN	160030235
44 MEHNAS AHAMMED P	160030218
45 MANJUKALA. G. K	160030216
46 NIMISHA P	160030223
47 SAJIDHA BABY	160030231
48 ABHIRAMI RADHAKRISHNAN	160030193
49 HARSHIDA	160030214
50 ANITTA JETTO	160030203



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Journey to INNER PEACE: YOGA AND HOLISTIC HEALING

Interconnected practices
and that promote overall well-being

Speakers
Ms. ARATHI
Ms. REKHA
Ms. ASWATHI
Private yoga instructors

27 November 2018 2:40 TO 4:40 PM
Seminar Hall **venue**

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ACADEMIC YEAR 2019-20 ANALYTICAL SKILL DEVELOPMENT PROGRAM ACTIVITY REPORT

Venue: conference hall
No of participants:50
Speaker:Dr.Vipin PC
Date:18/12/19

SUMMARY

Practitioners to uphold the principles of integrity respect and responsibilities in practice. This program gave the undergraduates a good opportunity in utilisation of their analytical skill for their future carrier.



V. Chithra
PRINCIPAL
K.M.C.T. AYURVEDA
MEDICAL COLLEGE



LIST OF STUDENTS ENROLLED

1 SRUTHI SAMED	150031061
2 SUHARA LATHIEP, K	150031063
3 ROSHNA JAFFAR	150031066
4 ASHKA N	150031077
5 SREETHA SATHARANDAN	150031066
6 FASMA THEENGELAKATH	150031095
7 LIDA TRESA LALU	150031042
8 MUHASINA K	150031045
9 V P THANDOLA	150031268
10 NIDHA KAREEM, C.P	150031248
11 RIYA JOY	150031255
12 ASHA L PAPPAN	150031036
13 ATHULYA, T. V	150031034
14 ANUSHA V	150031023
15 ATHRA, P. A	150031033
16 KADDEJA NAZIYYA	150031040
17 MITHI MOHAN	150031049
18 SAIRA K	150031052
19 AKSHAYA, C. E	150031022
20 HASNA ZABULODIN, M	150031056
21 REMYA, A. S	150031054
22 ASWATHY UTHAMAN	150031052
23 ASWATHI KRISHNA	150031032
24 SREELAKSHMI G. S	150031061
25 NIFNA NAVASHAD	150031050
26 ARCHANA K. P	150031024
27 PARVATHI NAYANA P P	150031051
28 JIYANA NUSRIN M	150031037
29 KATHU M. DEVI	150031041
30 SREELAKSHMI T. S.	150031065
31 SHAHANAS K	150031059
32 ASMA THASNI	150031028
33 YOONUS, P. P	150031020
34 JIJNA JAFFAR	150031038
35 SANDRA PRAKASH S	150031056
36 ABHISHEK E V	150031023
37 SREELAKSHMI, N. S	150031062
38 NAVYA, C	150031040
39 VISMAYA K S	150031067
40 ARUNATH K	150031025
41 MARIYAM NAHADAYA C N	150031043
42 VYSHNAVY, M. S	150031069
43 ASWAN V	150031029

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44 SHERHANA, V.S	150031060
45 RANJANA JANARDHANAN, T	150031053
46 KADEEJA CHANGARANCHOLA	150031039
47 SALEEKA ABDUSSAMAD	150031057
48 MOHSINA	150031044
49 NAMITHA, P	150031046
50 ASWATHI, K	150031030



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CRITICAL THINKING TECHNIQUES IN AYURVEDA

Practitioners to uphold the principles of integrity, respect and responsibility in practice



18 December 2019 2-PM TO 4-PM

Conference Hall, *Venue*

Speaker

Dr. VIPIN P.C.

Assistant Professor, Department of Ayurveda
Medicine, K.M.C.T. Ayurveda Medical College



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ACADEMIC YEAR 2019-20

HUMAN VALUE DEVELOPMENT

Activity Report

Venue: Zoom
Speaker: Ratheesh. V

Date: 3.2.20
No of participants: 58

SUMMARY

A program on Ethical principals in ayurveda was conducted on 3.2.20 through zoom. The resource person was Dr RATHEESH. V. The speaker addressed the gathering about professional ethics. Speaker focused on the need of honesty, loyalty, respect, adherence to the law and accountability. The entire gathering was benefitted by the program



L. J. J. J.

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LIST OF STUDENTS ENROLLED

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3 HIBA RAZAK	180030247
4 FATHIMA SHANA K	180030242
5 SREE LAKSHMI P	180030262
6 AYSHA SHAFNA E	180030235
7 ARUMBAA K	180030229
8 NIDA RAZAK	180030253
9 LIMEKHA LINNICKISHAN	180030266
10 AJYALAKSHMY WILSON	180030230
11 SANDRA C G	180030259
12 DEVAPRIYA M P	180030239
13 CHAITHRA T	180030237
14 HIDA PARVEEN K C	180030248
15 THEERTHA K V	180030265
16 SHAMA S NATH	180030264
17 AJANNA ABAYIND	180030221
18 ANU YOHANAN	180030225
19 SARAH YOUSAFFALI	180030260
20 ADITHYA RAJ	180030218
21 ASWATHI V SATHEESH	180030233
22 ASHWARYA BHASKARAN	180030270
23 NAJALA NALAKATH	180030251
24 HAFNA	180030244
25 RESHMA A B	180030255
26 SNEHA K P	180030281
27 BHAVYA A S	180030236
28 GOPKA G	180030243
29 SAJLA SHAHNAS C	180030258
30 ASWATHY K	180030234
31 AKSHAYA K P	180030224
32 FATHIMA FARHANA C	180030241
33 AKHILA BEMESH	180030222
34 AFRA S	180030219
35 SREYA UNMI C	180030263
36 CHIPPY JOSEPH	180030236
37 MEDHILA SAJEEV A	180030250
38 ROSHNA ABDUL SALAM	180030256
39 HEREENA MARIA MORRIS	180030246
40 VISMAYA P	180030267
41 ARDRA T P	180030228
42 ASHLEY SHAB	180030232



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46 SABIRA RASHEED	180030257
47 RAKENDU A	180030254
48 ABUN V S	180030217
49 HARSHA V G	180030245
50 NAZRIN T	180030252
51 MOHAMMED FAYIS. K. K	180030271
52 SANDRA P	180030275
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54 NAHILA FATHIMA	180030272
55 FATHIMA SHAREEF	180030270
56 REVATHY S	180030274
57 CHINMAY K	180030269
58 NITHYA.B. S	180030273



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ETHICAL PRINCIPLES IN AYURVEDA

Guiding to uphold moral integrity, respect for patients and responsible practice



03 February 2020

Online *zoom*

Speaker

Dr. RATHEESH

Associate Professor, Department of Kambhaja and
Mudrasana



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ACADEMIC YEAR 2019-20

PERSONALITY AND PROFESSIONAL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: Zoom

Webinar Speaker: Dr. Alex George

Date: 3.3.20

No of participants:50

SUMMARY

A webinar on "Integrating Personality and professional Development" was organized. The resource person was Dr Alex George. According to the speaker personality is the first thing that is noticed in any field. Good personality is essential to prosper in present world. The workshop helped the audience to polish their presentation and communication skills and prepared them to have a successful career.



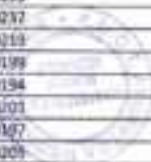
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LIST OF STUDENTS ENROLLED.

1 SAYAND A S	160030233
2 RASHA ZEHRRA ABDUL GAFOOR	160030226
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4 BUSHRA	160030209
5 NASBY KURSHID	160030220
6 NEHILA N K	160030227
7 ATHIRA, K	160030242
8 ANITHA C UJ	160030202
9 FASINA BINDHYA R M	160030211
10 AYSHA SHAHNA	160030207
11 YASMIN K C J	160030242
12 HIRIDHYA THILAKAN	160030215
13 RURSANA PE	160030227
14 HANAN HAMZA	160030213
15 FAMINE ZACKARIYA	160030210
16 THASNEEM	160030239
17 AKSHARA, E	160030198
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23 SARIYA SAID	160030232
24 NAYANA, M	160030273
25 NIRANJANA K	160030224
26 BAVANA GOPINATHI	160030208
27 ALFA ARSHAD	160030200
28 SACHIN A.M	160030228
29 AHALYA SURESH A	160030195
30 SUMAYYA NAZAR	160030237
31 MELHINAZ NOUSHAD	160030219
32 AKSHAY, K	160030199
33 ABIN JOHNY	160030194
34 ANAVADHYA J PRKASH	160030201
35 AIDILA BEAMANAN	160030207
36 ARYA KRISHNAN	160030205
37 PANCHAMI RAJEEV	160030275
38 SAI NANDANA, M.C	160030230
39 SUNEESH, V. S	160030238
40 SHAHMA, N	160030234
41 AYSHA, C	160030206
42 SREEPARVATHI, K S	160030236
43 SOURAV N MOHAN	160030235

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44 MEHNAS AHAMMED P	160030218
45 MANJUKALA. G. K	160030216
46 NIMISHA P	160030223
47 SAJIDHA BABY	160030231
48 ABHIRAMI RADHAKRISHNAN	160030193
49 HARSHIDA	160030214
50 ANITTA JETTO	160030203

Arshin



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INTEGRATING PERSONALITY AND PROFESSIONAL GROWTH

Aligning personal development with career advancement, fostering a holistic approach to professional success

Speaker

Dr. ALEX GEORGE

HOD, Department of shalakya tantra, KMCT
Ayurveda Medical College



03 March 2020

Online zoom



KMCT
AYURVEDA MEDICAL COLLEGE



KMCT Medical College Campus, Mukkam - 673602, Kerala
www.kmctayurvedacollege.org



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ACADEMIC YEAR 2019-20

EMPLOYABILITY SKILL DEVELOPMENT PROGRAM

ACTIVITY REPORT

Venue: conference hall
Speaker: Dr. Subin Suresh

Date:20.11.19
Students attended :50

SUMMARY

An introductory class on "ENHANCING EMPLOYABILITY; KEY SKILLS FOR CAREER SUCCESS" was conducted by Dr. SUBIN SURESH for student's of 2016 batch. The program gave a good knowledge and elps in developing good technical skills ,communication skills,problem solving ,team work and collabration ,leadership skills




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LIST OF STUDENTS ENROLLED

1 SAYANO A S	160030233
2 RASHA ZEIRA ABDEL GAFOR	160030226
3 SAHLA P C	160030229
4 BUSHNA	160030209
5 WASNY RUSHID	160030220
6 NIKHILA N K	160030222
7 ATHIRA, K	160030242
8 ANITHA C U	160030202
9 FASINA BINDYA R M	160030211
10 AYSHA SHAHINA	160030207
11 YASMIN K C	160030241
12 HRIDHYA THELAKAN	160030215
13 RUKSANA PE	160030227
14 HANAN HAMZA	160030213
15 FAIMI ZACKARIYA	160030210
16 THAGNEEM	160030239
17 AKSHARA, E	160030198
18 MEGHA PILLAI	160030217
19 GOPHA T PANICKER	160030212
20 V REZVANA RAZAK	160030240
21 AKHILA JAYATHILAKAN	160030196
22 ANIL RAHINA B H	160030204
23 SANIYA SAID	160030232
24 NAYANA, M	160030221
25 NIRANJANA K	160030224
26 BAVANA GOPINATH	160030208
27 ALFIA ARSHAD	160030200
28 SACHIN A.M	160030228
29 AHALYA SURESH A	160030195
30 SUMAYYA NAZAR	160030217
31 MEHNAZ MOUSHAD	160030219
32 AKSHAY, K	160030199
33 AMN JOHNY	160030194
34 ANAVADHYA J PRAKASH	160030201
35 AKHILA BEAMANAN	160030197
36 ARYA KRISHNAN	160030205
37 PANCHAMI RAJEEV	160030223
38 SAI NANDANA, M.C	160030230
39 SUNEESH, V. S	160030238
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Enhancing employability: key skills for career success

Developing technical skills , communication skills,problem solving, teamwork and collaboration , leadership skills

20/11/19 2.00-4.00PM

Venue: Conference hall

Speaker

Dr. Subin Suresh

HOD, Department of kaumarbhrjya,
KMCT Ayurveda Medical College



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Dr. Subin Suresh

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