



KMCT AYURVEDA MEDICAL COLLEGE

Approved by NCISM and Affiliated to Kerala University of Health Sciences.

TO WHOM SO EVER IT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.



Umesh
PRINCIPAL
K.M.C.T. AYURVEDA
MEDICAL COLLEGE



KMCT AYURVEDA MEDICAL COLLEGE

Approved by CCIM and Affiliated to Kerala University of Health Sciences.

INSTITUTIONAL RESEARCH COMMITTEE MEETING MINUTES – 16/10/2019

Venue – Seminar Hall

Members Present

Si no	Name	Designation	Sign.
1.	Dr Dinesh Kumar	Chairperson	
2.	Dr T N Harikrishnan	Secretary	
3.	Dr Sarath K Babu	Member	
4.	Dr Adarsh	Member	
5.	Dr George P J	Member	

AGENDA - DISCUSSION OF SUBMITTED PROTOCOLS

The first meeting of 16/10/2019 after reconstitution was conducted

Four Protocols From Faculty Members were submitted for the research Committee approval . The committee has discussed & approved following Protocols. Forwarded to Institutional Ethical committee, medical college for further appraisal.

1. Evaluate the effect of specified Clinical yoga protocol on stress management of students studied NIT Kozhikode- A open clinical trial
Dr Suresh V S , Dr Sanesh P B
2. Assessing the health status of preschool children in Karassery Tribal area after the flood attack
Dr Subin, Dr Anjana R
3. Evaluate the effect of sathapushpa thaila in PCOS in adolescent girl of age group 15-22yrs

Manassery PO, Mankam, 673602, Kozhikode, Kerala
☎ 0495-229 4664 ✉ ayurveda@kmct.edu.in
🌐 www.kmctayurvedacollege.org



PRINCIPAL
AYURVEDA
MEDICAL COLLEGE



Subin



KMCT AYURVEDA MEDICAL COLLEGE

Approved by CCIM and Affiliated to Kerala University of Health Sciences.

INSTITUTIONAL RESEARCH COMMITTEE MEETING MINUTES – 23/10/2020

Webinar Meeting

Members Present

Si no	Name	Designation	Sign.
1.	Dr Subhasree G H	Chairperson	
2.	Dr Sarath K Babu	Secretary	
3.	Dr Subin S	Member	
4.	Dr Vineetha	Member	
5.	Dr Sugeena	Member	
6.	Dr Alex	Member	

AGENDA - DISCUSSION OF SUBMITTED PROTOCOLS

Due to covid situation a webinar Meeting of research committee was constituted on 23/10/2020

Seven Protocols From Faculty Members were submitted for the research Committee approval . The committee has discussed & approved following Protocols.

1. Evaluate the effect of Tradaka on final year students of K M C T Ayurveda College undergoing online classes
Dr Suresh V S , Dr Sijna V P
2. Role of Dasamoolakatuthrayam kashaya along with Sudharshanam tab for the prevention of covid attack in healthy volunteers under the age group 25-45 yrs
Dr Vineetha N , Dr Arathi V

3. Evaluate the effect of ayurvedic preventive protocol in the prevention of

Manassery PO, Mukkam, 673602, Kozhikode, Kerala

☎ 0495-229 4664 ✉ ayurveda@kmct.edu.in

🌐 www.kmctayurvedacollege.org



PRINCIPAL
KMCT AYURVEDA
COLLEGE





INSTITUTIONAL RESEARCH COMMITTEE MEETING MINUTES – 19/11/2021

Venue – Seminar Hall

Members Present

Si no	Name	Designation	Sign.
1.	Dr Subhasree G H	Chairperson	
2.	Dr T N Harikrishnan	Secretary	
3.	Dr Adarsh K	Member	
4.	Dr Subin S	Member	
5.	Dr Vipin P C	Member	
6.	Dr Nidhin V	Member	

AGENDA - DISCUSSION OF SUBMITTED PROTOCOLS

Research committee meeting was conducted on 19/11/2021 on the basis of ICMR Project notification. Protocols From all department were submitted for the research Committee approval. The committee has discussed & approved following Protocols. Forwarded to IEC Medical college for further reviewing

1. Evaluation of the Nephroprotective Activity & Therapeutic Potential of punarnavadhi kashayam in Chronic Kidney Disease.
Dr Mridula , Dr Aparna
2. Literary Study of Collection and Analysis o Formulae Mentione in Vruhathraya and Laghutraya for Enhance the Memory
Dr Ratheesh , Dr Rismiya
3. A survey on treatment modality for Amavata sandhi shotha (Rhematoid arthritis) in patience of K M C T Ayurveda College
Dr Aswathi K Dr Asif Ameen
4. Technological yoga mat – Mr Jasir and Ms.Murshida irfana
5. Medicated Ayurvedic patches for instant pain relief - Mr Harikrishnan



INSTITUTIONAL RESEARCH COMMITTEE MEETING MINUTES – 17/10/2022

Venue – Seminar Hall

Members Present

Si no	Name	Designation	Sign.
1.	Dr Dinesh Kumar	Chairperson	
2.	Dr T N Harikrishnan	Secretary	
3.	Dr .Najeeb.T.K	Member	
4.	Dr.Sarun Mohan	Member	
5.	Dr .Archana Radhakrishnan	Member	

AGENDA - DISCUSSION OF SUBMITTED PROTOCOLS

The first meeting on 17/10/2022 after reconstitution was conducted. Seven Protocols From Faculty Members and students were submitted for the research Committee approval .

The committee has discussed & approved following Protocols and **forwarded to Institutional ethical committee for further appraisal.**

1. Evaluate the efficacy of Ayurbandhanam –wood cast based ayurvedic bandaging for fracture management - Amina shibila
2. Assessing the mental health status of people at oldage home 'santhwanam' in Mukkam.Dr Sarun Mohan, Dr.Aparna.T
3. Evaluate the effect of Shadbindhu thaila in Kaphaja sirasoola in college students of age group 19-23yrs.
Dr.Sharon .P.Vals, Dr.Meenu P.R
4. Evaluate the effect of specified Clinical yoga protocol on OBESITY management in menopausal ladies-A open clinical trial
Dr Sijna.V.P, Dr. Nayana

PRINCIPAL
K.M.C.T. AYURVEDA
MEDICAL COLLEGE



INSTITUTIONAL RESEARCH COMMITTEE MEETING MINUTES 14/08/2023

Venue – Seminar Hall

Members Present

Si no	Name	Designation	Sign.
1.	Dr .Subhasree G H	Chairperson	
2.	Dr .T N Harikrishnan	Secretary	
3.	Dr. Sarun Mohan	Member	
4.	Dr .Nidhin. V	Member	
5.	Dr .Archana Radhakrishnan	Member	

AGENDA - DISCUSSION OF SUBMITTED PROTOCOLS

The first meeting on 14/08/2023 after reconstitution was conducted. Four Protocols From Faculty Members were submitted for the research Committee approval . The committee has discussed & approved following Protocols and **forwarded to Institutional ethical committee for further appraisal.**

1. Efficacy and safety of ayurvedic interventions in iron deficiency anemia Dr.Nithin.V, Dr.Binju .K.T
2. Evaluate the effect of Jeeraka avaleha in the management of asrugdhra. Dr Aswathy Sara Varghese
3. Vamana followed by Darvyadi kashaya in the management of prediabetes.
Dr.Arati.V, Dr Priyanka
4. Evaluate the effect of Brahmi swararsa as nasya in the management of dementia among working people aged between 40 -50 years old
Dr Vineetha N, Dr Aparna T.